

Big Deal

拍数: 0 墙数: 4 级数: Intermediate
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音乐: Big Deal - LeAnn Rimes



Sequence: BAA (omit last 4 counts), BAA, CBAA, D

PART A (MAIN SEQUENCE)

- 1-2 Rock right to side, return weight to left
3&4 Cross right over left & shuffle sideward to left
5-6 Turn $\frac{1}{4}$ right & step left back, turn $\frac{1}{2}$ right & step right forward
7&8 Shuffle forward stepping right-left-right (facing 9:00 wall)
- 1-2 Step right forward, pivot turn $\frac{1}{4}$ left
3-4 Cross right over (angle body to left), step left to side (straighten body)
5-6 Repeat steps 3-4 above
7-8 Cross right over, unwind $\frac{1}{2}$ turn left placing weight on left (12:00 wall)
- 1&2 Right kick ball change
3-4 Step right forward, pivot turn $\frac{1}{4}$ left
5&6 Right kick ball change
7-8 Step right forward, pivot turn $\frac{1}{4}$ left (6:00 wall)
- 1-2 Rock right forward at diagonal right swaying hips forward, sway hips back
3&4 Keep feet in place as above bump hips forward, back, forward
5-6 Rock left forward at diagonal left swaying hips forward, sway hips back
7&8 Keep feet in place as above bump hips forward, back, forward
- 1 Step right to side
2&3 Cross left behind, step right to side, cross left over
4 Step/rock right to side
5 Return weight to left turning $\frac{1}{4}$ left (9:00 wall)
6&7 Shuffle forward stepping right-left-right
8 Step left forward
- 1-2 Kick right forward twice
&3-4 Quickly rock back on right, step left slightly forward, kick right forward
&5 Hook right over left, turn $\frac{1}{2}$ left on left ending with right raised behind with bent knee
6-8 Rock back on right, rock forward on left, scuff right forward
- 1-4 Right toe strut forward, step left forward, pivot turn $\frac{1}{2}$ right
5-8 Left toe strut forward, step right forward, pivot turn $\frac{1}{2}$ left

Counts 5-8 are left out at end of 2nd sequence only

PART B (KNEE POP BRIDGE)

Done at beginning of 1st, 3rd & 5th sequence only, with feet shoulder width apart

- 1-4 Hold, pop left knee in, pop right knee in, hold
5-8 Hold, pop left knee in, pop right knee in, hold

PART C (SHOULDER SHIMMIES)

Done only at beginning of 5th wall before knee pops

1 Hold
&2&3 Shimmy shoulders
4 Hold

PART D (FINISH)

1&2 Right kick ball change
3 Stomp right (facing front)
