

The Betty

COPPER KNOB
BY STEPHEN T. S.

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Tony "Bootscooter" Wanko (USA)
音乐: Boot Scootin' Boogie - Brooks & Dunn



MICHAEL JACKSON TURN

- 1 Kick right foot forward
- 2 Cross right foot over left foot touching the floor
- 3 Unwind $\frac{1}{2}$ turn
- 4 Clap
- 5 Kick left foot forward
- 6 Cross left foot over right foot touching the floor
- 7 Unwind $\frac{1}{2}$ turn
- 8 Clap

HIP BUMPS

- 9 Step diagonally right foot forward and bump right hip
- 10 Bump right hip again
- 11 Step back diagonally left foot and bump left hip
- 12 Bump left hip again
- 13 Step diagonally right foot forward and bump right hip
- 14 Bump right hip again
- 15 Step back diagonally left foot and bump left hip
- 16 Bump left hip again

HIP BUMPS, "AROUND THE WORLD"

- 17 Bump hip diagonally right once
- 18 Bump hip diagonally back once
- 19 Bump hip diagonally right once
- 20 Bump hip diagonally back once
- 21-24 Pelvis roll making a circle with your hips

TURNING GRAPEVINE RIGHT, TURNING GRAPEVINE LEFT

- 25 Step right on right foot turning $\frac{1}{4}$ right
- 26 Cross left foot over right foot pivoting $\frac{1}{2}$ right
- 27 Step right on right foot turning $\frac{1}{4}$ right
- 28 Touch left foot beside right foot
- 29 Step left on left foot turning $\frac{1}{4}$ left
- 30 Cross right foot over left foot pivoting $\frac{1}{2}$ left
- 31 Step left on left foot turning $\frac{1}{4}$ left
- 32 Stomp and clap

REPEAT
