

Betty's Beauty Bop

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Michael Diven (USA)
音乐: Betty's Beauty World - Mark Knight



STEP, PIVOT, SHUFFLE, STEP, PIVOT, SHUFFLE

1-2 Step forward on right foot, pivot $\frac{1}{2}$ turn to the left (6:00)
3&4 Right shuffle forward
5-6 Step forward on left foot, pivot $\frac{1}{2}$ turn to the right (12:00)
7&8 Left shuffle forward

TOUCH, CENTER, TOUCH, CENTER, TOUCH, CENTER, TOUCH, CENTER, ROCK, RECOVER, SYNCOPATED VINE WITH $\frac{1}{4}$ TURN

1&2& Touch right toe to right side, step back to center, touch left toe to left side, step back to center
3&4& Touch right heel forward, step back to center, touch left toe back, step back to center
5-6 Side rock to the right on right foot, recover weight back to left
7&8 Syncopated grapevine left, stepping right behind left, left to left side, crossing right over left with a $\frac{1}{4}$ turn to the left (weight ends on the right foot) (9:00)

STEP, $\frac{1}{2}$ TURN HITCH, RIGHT SHUFFLE, CROSS STEP, UNWIND $\frac{3}{4}$ TURN RIGHT, SAILOR STEP

1-2 Step forward on left foot, pivot $\frac{1}{2}$ turn to the left while hitching the right foot up next to left knee (3:00)
3&4 Right shuffle forward
5-6 Cross step left over right, unwind by pivoting $\frac{3}{4}$ turn to the right (weight ends on the left) (12:00)
7&8 Right sailor step

CROSS STEP, $\frac{1}{4}$ TURN, COASTER STEP, STEP, $\frac{1}{2}$ TURN PIVOT WITH KICK, COASTER STEP

1-2 Cross step left over right foot, pivot $\frac{1}{4}$ turn left (weight on right foot) (9:00)
3&4 Left coaster step in place
5-6 Step forward on right foot and pivot $\frac{1}{2}$ turn to the left while kicking the left foot forward (3:00)
7&8 Left coaster step in place

REPEAT

Music available at www.markknightmusic.com