Better Than What



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Jan Wyllie (AUS)

音乐: I've Been Better - Brad Paisley



Step right to right, step left behind right
Making ¼ turn left step right beside left, step forward left, right
Rock/step forward on left, rock back on right
Step back on left, step right beside left, step forward on left (coaster step)
Rock/step forward on right, rock back on left
Making ½ turn right back over right shoulder shuffle forward right, left, right
Making a further ½ turn right shuffle back left, right, left
Making ¼ turn right rock/step right to right side, rock/return weight to left
Step right behind left, step left to left, step right across in front of left
Rock/step left to left, rock/return weight to right
Stamp left beside right, step back slightly on right, step forward on left
Hold (weight on left)
Step right beside left, step forward on left
Rock/step forward on right, rock back on left
Step back on right commencing a ¼ turn left
Step left to left completing the turn, step right across in front of left
Rock/step left to left, rock/return weight to right
Step left beside right
Step right to right, step left beside right

REPEAT

TAG

At the end of the 2nd and 4th walls

1 Take weight firmly on left and bend right knee - put right hand on hip

2-3-4 Hold - drop hand from hip before restarting dance