

Best Years Of Our Lives

COPPER KNOB
BY STEPHEN T. C.

拍数: 32 墙数: 4 级数: Improver
编舞者: Sophie Turner (UK)
音乐: Best Years of Our Lives - Baha Men



ROCKING CHAIR, TOUCH AND TURN, RIGHT SHUFFLE FORWARD

1-2 Rock forward on right, rock back on left
3-4 Rock back on right, rock forward on left
5-6 Touch right forward, pivot ½ turn
7&8 Right shuffle forward, right left right shuffle

ROCKING CHAIR, TOUCH AND TURN, LEFT SHUFFLE FORWARD

9-10 Rock forward on left, rock back on right
11-12 Rock back on left, rock forward on right
13-14 Touch left forward, pivot ½ turn
15&16 Left shuffle forward, left right left

ROCK AND CROSS, ROCK AND CROSS, SIDE, BEHIND, ¼ TURN AND SHUFFLE

17&18 Rock to side on right, recover on left, cross right over left
19&20 Rock to side on left, recover on right, cross left over right
21-22 Step to side on right, step behind on left
23&24 ¼ turn to right, right shuffle forward, right left right

ROCK, ROCK, WALK, WALK, TOUCH, KICK, TRIPLE STEP

25-26 Rock forward on left, rock back on right
27-28 Walk back left, walk back right
29-30 Touch left toe across right foot, kick left foot forward
31&32 Triple step left right left

REPEAT
