

# Best Of My Love (P)

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 0      级数: Partner  
编舞者: Nigel Payne (UK)  
音乐: The Best of My Love - Eagles



**Position: Starting in Sweetheart. Opposite Footwork**

## MAN

### ROCK-RECOVER, SHUFFLE BACK, ROCK-RECOVER, SHUFFLE FORWARD

Take left over lady's head as she turns, now in cross hand hold left over right

1-2                  Rock forward on right, recover back on left

3&4                 Shuffle back right, left, right

Take left hand back over lady's head as she turns, now in sweetheart

5-6                 Rock back on left, recover on right

7&8                 Shuffle forward left, right, left

## WALK, WALK, SHUFFLE TWICE

Release left hands & raise rights to allow lady to turn, do not rejoin left hands

9-10                Walk forward right, left

11&12              Shuffle forward right, left, right

13-14              Walk forward left, right

15&16              Shuffle forward left, right, left

## STEP RIGHT, LEFT, TRIPLE STEP IN PLACE, STEP LEFT, RIGHT, TRIPLE STEP IN PLACE

Rejoin & raise left hands & drop right hands

17-18              Step right, left in place

19&20              Triple step in place stepping right, left, right

21-22              Step left, right in place

23&24              Triple step in place stepping left, right, left

## STEP, PIVOT ½ TURN, ¼ TURN INTO CHASSE, ROCK-RECOVER, SHUFFLE ½ TURN

Release left hands

25-26              Step forward on right foot, pivot ½ turn left

Rejoin hands in double hand hold

27&28              Turn ¼ left stepping right to right side, step left beside right, step right to right side

29-30              Rock back on left, recover on right

Release man's right, lady's left, & raise man's left, lady's right to allow turn

31&32              Shuffle ½ turn right stepping left, right, left

Man on OLOD facing ILOD, lady on ILOD facing OLOD

## ROCK-RECOVER MAKING ¼ TURN, SHUFFLE, WALK, WALK, SHUFFLE

Inside hands joined, man's left, lady's right

33-34              Rock back on right making ¼ turn right, recover on left

Both now facing LOD, man on OLOD, lady on ILOD

35&36              Shuffle forward stepping right, left, right

37-38              Walk forward left, right

39&40              Shuffle forward on left, right, left

## CROSS-SIDE, TRIPLE STEP, WALK, WALK, SHUFFLE

Take lady's right hand over her head as you both weave

41-42              Cross right over left, step left to left side

Rejoin man's right, lady's left in cross hand hold, man's left, lady's right on top

43&44              Triple step in place right, left, right

**Man now on ILOD facing LOD, lady on OLOD facing LOD**

45-46 Walk forward left, right  
47&48 Shuffle forward stepping left, right, left

**ROCK-RECOVER, ¼ CHASSE, CROSS, ¼ TURN, COASTER STEP**

49-50 Rock forward on right, recover on left

**Hands in double hand hold as you chasse**

51&52 Step right ¼ turn right, step left beside right

**Step right to right side, man facing OLOD, lady facing ILOD**

53-54 Cross left over right, make ¼ turn left stepping back on right

**To allow lady to make full turn right release man's left, lady's right, as the lady comes out of full turn place her left hand into man's left hand & rejoin in sweetheart position**

55&56 Step back on left, step right beside left, step forward on left

**WALK, WALK, SHUFFLE TWICE**

57-58 Walk forward right, left  
59-60 Shuffle forward stepping right, left, right  
61-62 Walk forward left, right  
63&64 Shuffle forward stepping left, right, left

**REPEAT**

**LADY**

**STEP, PIVOT ½ TURN, SHUFFLE TWICE**

**Take left over lady's head as she turns, now in cross hand hold left over right**

1-2 Step forward on left, pivot ½ turn right

3&4 Shuffle forward left, right left

**Take left hand back over lady's head as she turns, now in sweetheart**

5-6 Step forward on right, pivot ½ turn left

7&8 Shuffle forward right, left right

**FULL TURN SHUFFLE TWICE**

**Release left hands & raise rights to allow lady to turn, do not rejoin left hands**

9-10 Make full turn right stepping left, right

11&12 Shuffle forward left, right, left

13-14 Make full turn left stepping right, left

15&16 Shuffle forward right, left, right

**AROUND THE WORLD TRAVELING TO THE LEFT AROUND THE MAN**

**Rejoin & raise left hands & drop right hands**

17-18 Walk ¼ turn to the left stepping left, right

19&20 Shuffle ¼ turn to the left stepping left, right, left, (now on ILOD facing RLOD)

21-22 Walk ¼ turn to the left stepping right, left

23&24 Shuffle ¼ turn to the left stepping right, left, right, (now on OLOD facing LOD)

**STEP, PIVOT ½ TURN, ¼ TURN INTO CHASSE, ROCK-RECOVER, SHUFFLE ½ TURN**

**Release left hands**

25-26 Step forward on left foot, pivot ½ turn right

**Rejoin hands in double hand hold**

27&28 Turn ¼ right stepping left to left side, step right beside left, step left to left side

29-30 Rock back on right, recover on left

**Release man's right, lady's left, & raise man's left, lady's right to allow turn**

31&32 Shuffle ½ turn left stepping right, left, right

**Man on OLOD facing ILOD, lady on ILOD facing OLOD**

**ROCK-RECOVER MAKING ¼ TURN, SHUFFLE, WALK, WALK, SHUFFLE**

**Inside hands joined, man's left, lady's right**

33-34 Rock back left making  $\frac{1}{4}$  turn left, recover on right

**Both now facing LOD, man on OLOD, lady on ILOD**

35&36 Shuffle forward on left, right, left

37-38 Walk forward right, left

39&40 Shuffle forward stepping right, left, right

**CROSS-SIDE, TRIPLE STEP, WALK, WALK, SHUFFLE**

**Take lady's right hand over her head as you both weave**

41-42 Cross left over right, step right to right side

**Rejoin man's right, lady's left in cross hand hold, man's left, lady's right on top**

43&44 Triple step in place left, right, left

**Man now on ILOD facing LOD, lady on OLOD facing LOD**

45-46 Walk forward right, left

47&48 Shuffle forward stepping right, left, right

**ROCK-RECOVER,  $\frac{1}{4}$  CHASSE, CROSS,  $\frac{1}{4}$  TURN, FULL TURN**

49-50 Rock forward on left, recover on right

**Hands in double hand hold as you chasse**

51&52 Step left  $\frac{1}{4}$  turn left, step right beside left, step left to left side

**Man facing OLOD, lady facing ILOD**

53-54 Cross right over left, make  $\frac{1}{4}$  turn right stepping back on left

**To allow lady to make full turn right release man's left, lady's right, as the lady comes out of full turn place her left hand into man's left hand & rejoin in sweetheart position**

55&56 Triple step full turn right stepping right, left, right

**WALK, WALK, SHUFFLE TWICE**

57-58 Walk forward left, right

59-60 Shuffle forward stepping left, right, left

61-62 Walk forward right, left

63&64 Shuffle forward stepping right, left, right

**REPEAT**

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