

# Body Language

拍数: 64      墙数: 4      级数: Beginner  
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音乐: Slow - Kylie Minogue



## KICK BALL STOMP, HEEL BOUNCE/TWISTS, ROCK TURN, COASTER STEP

- 1&2      Kick right foot forward, step right back in-place and stomp left foot forward  
3&4      Bounce heels 3 times turning  $\frac{1}{4}$  right (can be replace with three heel twists turning  $\frac{1}{4}$  right)  
5&6      Rock back right, recover weight onto left, turn  $\frac{1}{2}$  left stepping forward right  
7&8      Step back left, close right to left, step forward left

## STOMP, CLAP, BODY ROLL, KICK & POINT TWICE

- 1-2      Stomp right forward slightly forward, clap hands once  
3-4      Roll body to the left once  
5&6      Kick right foot forward, step right in-place, point left toe to left side  
7&8      Kick left foot forward, step left in-place, point right toe to right side

## CROSS, UNWIND, ROCK & REPLACE TWICE, SAILOR $\frac{1}{4}$

- 1-2      Cross right over left, unwind  $\frac{1}{2}$  turn over left shoulder  
3&4      Rock back left, recover weight onto right, step left in-place  
5&6      Rock back right, recover weight onto left, step right in-place  
7&8      Step left behind right, step right back turning  $\frac{1}{4}$  left, step left in-place

## ROCK, RECOVER, HINGE TURN, ROCK & REPLACE TWICE

- 1-2      Rock right to right side, recover weight onto left  
3      Make  $\frac{1}{2}$  turn left stepping right to left side  
4      Make  $\frac{1}{2}$  turn left stepping left to left side  
5&6      Rock right over left, recover weight onto left, step right in-place  
7&8      Rock left over right, recover weight onto right, step left in-place

## CROSS, UNWIND, CHASSE, SAILOR $\frac{1}{2}$ . STEP, SLIDE

- 1-2      Cross right over left, unwind full turn over left shoulder  
3&4      Step right to right side, close left to right, step right to right side  
5&6      Step left behind right turning  $\frac{1}{4}$  left, step right forward turning  $\frac{1}{4}$  left, cross left over right  
7-8      Step right to right side, slide left foot to right foot

## OUT, IN, OUT, CROSS, BACK, SIDE, CROSS SHUFFLE, MAMBO

- 1&2      Point left to left side, touch left in-place, point left to left side  
3&4      Cross left over right, step back left, step left to left side  
5&6      Cross right over left, close left to right, cross right over left  
7&8      Rock left to left side, recover weight onto right, step left beside right

## MODIFIED MONTEREY SAMBA, CHASSE, ROCK, RECOVER

- 1-2      Touch right to right side. On ball of left make  $\frac{1}{2}$  turn right, stepping right beside left  
3&4      Rock left to left side, recover weight onto right, cross left over right  
5&6      Step right to right side, close left to right, step right to right side  
7-8      Rock back left, recover weight onto right

## SHUFFLE $\frac{1}{2}$ , ROCK, RECOVER, CROSS, UNWIND, ROCK & STEP

- 1&2      Shuffle step forward making  $\frac{1}{2}$  turn right, stepping - left, right, left  
3-4      Rock back right, recover weight onto left

5-6

Cross right over left, unwind  $\frac{3}{4}$  turn over left shoulder

7&8

Rock back left, recover weight onto right, step forward right

**REPEAT**

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