

# Body Heat

**COPPER** KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Derek Steele (USA)  
音乐: Give Me Just One Night (Una Noche) - 98 Degrees



## LEFT SHUFFLE FORWARD, ½ TURN LEFT, ½ TURN LEFT, LEFT SHUFFLE BACK

1&2      Shuffle forward left, right, left  
3-4      Step forward right, turn ½ left (weight on right)  
5-6      Touch left foot back, turn ½ left on ball of right foot (weight on right)  
7&8      Shuffle back left, right, left

## FULL TURN RIGHT, LEFT SHUFFLE FORWARD, RIGHT SHUFFLE FORWARD, ROCK STEP & ½ TURN LEFT

1-2      Step right foot back, turn a full turn right on ball of right foot (weight on right)  
3&4      Shuffle forward left, right, left  
5&6      Shuffle forward right, left, right  
7&8      Rock forward left, recover right, turn ½ left while stepping left

## SYNCOPATED LOW KICKS (RIGHT THEN LEFT), & RIGHT STEP INTO ¼ TURN LEFT, LEFT DRAG WITH WEIGHT, RIGHT SAILOR, LEFT SAILOR

1&2&      Kick right, step right home, kick left, step left home,  
3-4      Take a big step right with a ¼ turn left, drag left next to right (weight on left)  
5&6      Step right behind left, step left foot to left, step right foot to right  
7&8      Sep left behind right, step right foot to right, step left foot to left

## MONTEREY WITH ½ TURN RIGHT, WALK RIGHT, WALK LEFT, FORWARD BODY ROLL

1-2      Touch right foot to right side, bring right home while turning ½ right (weight on right)  
3-4      Touch left foot to left side, step left home  
5-6      Walk forward right, walk forward left  
7-8      Step forward on right while starting a forward body roll, finish body roll with weight on right

## REPEAT

## TAG

When using "Uno Noche", at end of 9th wall do a four count hold before starting 10th wall.