

Blues

拍数: 48 墙数: 4 级数: Improver west coast swing
编舞者: Judy Cain (USA)
音乐: Backseat Blues - Roomful of Blues



WALK RIGHT LEFT, KICK 2X, COASTER ¼ PIVOT

1-4 Walk forward right & left, kick right low 2x
5&6 Right back, left beside right on the & count, right forward
7-8 Left forward making a ¼ right turn and step right in place

WEAVE, ROCK STEPS

1-2 Left over right, right to right
3&4 Left behind right, right to right, left in front of right
5-8 Right to right, left in place, right forward, left in place

SAILOR SHUFFLES ¼ TURN, FAN HEELS

1&2 Rondé right behind left making a ¼ right turn, left to left, right slightly forward
3&4 Left behind right, right to right, left slightly forward
5-6 Right forward, left behind right
7&8& Fan heels out, in, out, in weight ending on left

SAILOR SHUFFLES ¼ TURN, FAN HEELS

1&2 Rondé right behind left making a ¼ right turn, left to left, right slightly forward
3&4 Left behind right, right to right, left in place
5-6 Right forward, left behind right
7&8& Fan heels out, in, out, in weight ending on left

CURTSEY, STEP HEEL, TAPS TO SIDES

1-2 Right slightly forward, tap left toe behind right
3-4 Put left down in place, right heel forward
&5&6 Step right beside left, tap left toe to left side, step left beside right, tap right toe to right side
&7-8 Step right beside left, tap left to left side, step left beside right

BACK MAMBO, COFFEE GRIND TURNS

1&2 Right back, left in place, right beside left
3&4 Left back. Right in place, left beside right
5-6 Right behind left making a ¼ right turn while circling hips to the right, step left in place
7-8 Right behind left making a ¼ right turn while circling hips to the right, step left in place

REPEAT
