Bluegrass Heart



编舞者: Max Perry (USA) & Bryan McWherter (USA)

音乐: Who's Gonna Pay For This Broken Heart - The Cox Family



SCUFF HITCH STEP, KICK BALL TOUCH, STEP, TOUCH, STEP, SHUFFLE FORWARD

1&2 Scuff right forward, hitch right knee, step right back

3&4 Kick left forward, step left forward, touch right to right side

&5 Step right next to left, touch left to left side

6 Step left next to right

7&8 Right shuffle forward right, left right

ROCK FORWARD, RECOVER, ¾ LEFT SHUFFLE, ROCK FORWARD, RECOVER, HOLD, STEP DIAGONALLY BACK, CROSS (LOCK)

1-2 Rock left forward, step right in place (recover)
3&4 Turn ¾ left as you do a left shuffle left, right, left
5-6-7 Rock right forward, step left in place (recover), hold
&8 Step right diagonally back, cross step left over right

OUT, OUT, CROSS, ROCK SIDE, RECOVER, CROSS, KICK BALL CROSS, HOLD, BALL CROSS

&1-2 Step right back slightly (diagonal.), step left to side, cross step right over left (out, out, cross)

Rock left to left side, step right in place (recover), cross step left over right Kick right forward (diagonal.), rock right back, cross step left over right slightly Hold count "7", rock right side & slightly back w/ ball of foot, cross left over right

34 RIGHT SHUFFLE, LEFT KICK BALL CHANGE, LEFT SIDE ROCK, SAILOR SHUFFLE TURNING 14 RIGHT

1&2 Right shuffle turning ¾ right (right, left, right)

3&4 Kick left forward, rock left back, step right in place (recover)

5-6 Rock left to left side, step right in place (recover)

7&8 Cross step left behind right, turn 1/4 right and step right forward, step left forward

REPEAT

RESTART

After doing the dance 4 times (you will be facing the 12:00 wall) start the dance but only do the first half counts 1-16, then start over. This will keep the dance exactly on phrase as there is an extra 16 counts in the song.