

Blue Wings

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Intermediate
编舞者: jg2 (USA)
音乐: 40 Days and 40 Nights - Tim McGraw



HEEL TOUCHES, REVERSE & FORWARD SHUFFLES

- 1 Tap right heel straight forward
- 2 Touch right to next to left foot
- 3&4 Shuffle straight back right, left, right
- 5 Tap left heel straight forward
- 6 Touch left toe next to right foot
- 7&8 Shuffle step straight forward left, right, left

RIGHT VINE WITH ¼ TURN, SIDE SHUFFLES

- 9 Step right foot to the right
- 10 Cross/step left foot behind right
- 11 Step right foot making ¼ turn to the right
- 12 Step left foot next to right foot
- 13&14 Shuffle step slightly to the right side right, left, right
- 15&16 Shuffle step slightly to the left side left, right, left

FORWARD, ½ PIVOTS WITH HOLDS

- 17 Step right foot forward
- 18 Hold
- 19 Pivoting on ball of right, make ½ turn right stepping back on left
- 20 Hold
- 21 Pivoting on ball of left, make ½ turn right stepping forward on right
- 22 Hold
- 23 Step left foot forward
- 24 Hold

HEEL-TOE TOUCHES, HIP ROLLS

- 25 Touch right heel forward
- 26 Step right foot next to left
- 27 Touch left toe backwards
- 28 Step left foot next to right
- 29 Touch right heel forward
- 30 Touch right toe next to left
- 31 Keeping left extended, step right foot slightly forward rolling hips forward
- 32 Rock back on left rolling hips back

¼ TURNS (THESE TURNS WILL BE ALMOST IN PLACE) WITH HOLDS & CLAPS

- 33 Keeping left in place, stepping on right, make ¼ turn right (6:00)
- 34 Hold & clap (keep weight on right)
- 35 Keeping right in place, stepping on left, make ¼ turn left (3:00)
- 36 Hold & clap (keep weight on left)
- 37 Keeping left in place, stepping on right, make ¼ turn right (6:00)
- 38 Hold & clap (keep weight on right)
- 39 Keeping right in place, stepping on left, make ¼ turn left (3:00)
- 40 Hold & clap (keep weight on left)

¼ TURNS WITH SIDE SHUFFLES (TRAVELING SLIGHTLY BACK)

41&42 Making ¼ turn right (6:00), shuffle side right right left right

43&44 Making ¼ turn left (3:00), shuffle side left left right left

45&46 Making ¼ turn right (6:00), shuffle side right right left right

47&48 Making ¼ turn left (3:00), shuffle side left left right left

REPEAT
