Blue Water (P)



编舞者: Unknown

音乐: Single White Female - Chely Wright



Position: Man facing outside, lady facing inside. Cross-hand hold, right hand on top Choreographers are Susanne & Allan, Marianne & Sten, Gitte & Gert, Hedvig & Svend, Lilly & Hans. In memory of a good weekend among very best of friends

MAN'S STEPS

STEP IN PLACE, TRIPLE STEP ON THE SPOT

1-2 Step left in place, step right in place

3&4 Step left, right, left

ROCK STEP, SHUFFLE 1/4-TURN LEFT

5-6 Step back on right, rock forward onto left

7&8 Step right ¼ turn left, step left beside right, and step forward on right As you turn raise right hands. Couple now facing line of dance, in right side by side

HEEL HOOK, SHUFFLE FORWARD

1-2 Touch left heel forward, hook left heel in front of right

3&4 Step forward on left, step right beside left and step forward on left

PIVOT ½ TURN LEFT, SHUFFLE FORWARD

5-6 Step forward on right; turn ½ turn left weight on left

7&8 Step forward on right, step left beside right and step forward on right

As you turn, release both hands; pick them up in VW, right on top. Couple now facing RLOD

ROCK STEP 1/4 TURN LEFT, LEFT COASTER STEP BACK

1-2 Step forward on left, rock back onto right as you turn ¼ turn left 3&4 Step back on left, step right beside left and step forward on left

Couple now facing each other, in cross-handhold, right on top

SIDE, BEHIND, SHUFFLE 1/4 TURN LEFT

5-6 Step right behind left, step left to left side

7&8 Step right ¼ turn left, step left beside right, and step forward on right

Couple now facing line of dance in VW-position, right on top

VINE LEFT, TOUCH AND CLAP

1-2 Step left to left side, step right behind left

3-4 Step left to left side, touch right beside left and clap

Release hands as you move apart

ROLLING VINE RIGHT, TURN 1 1/4 RIGHT, TOUCH

5-6 Turn right as you step right, left

7-8 Turn right as you step right, touch left beside right Couple now facing each other, in cross-handhold, right on top

REPEAT

LADY'S STEPS

STEP IN PLACE, TRIPLE STEP ON THE SPOT

1-2 Step right in place, step left in place

ROCK STEP, SHUFFLE 1/4-TURN RIGHT

5-6 Step back on left, rock forward onto right

7&8 Step left ¼ turn right, step right beside left and step forward on left As you turn raise right hands. Couple now facing line of dance, in right side by side

HEEL HOOK, SHUFFLE FORWARD

1-2 Touch right heel forward, hook right heel in front of left

3&4 Step forward on right, step left beside right, and step forward on right

PIVOT ½ TURN RIGHT, SHUFFLE FORWARD

5-6 Step forward on left; turn ½ turn right, weight on right

7&8 Step forward on left, step right beside left and step forward on left

As you turn, release both hands; pick them up in VW, right on top. Couple now facing RLOD

ROCK STEP 1/4 TURN RIGHT, RIGHT COASTER STEP BACK

1-2 Step forward on right, rock back onto left as you turn ¼ turn right 3&4 Step back on right, step left beside right, and step forward on right

Couple now facing each other, in cross-handhold, right on top

SIDE, BEHIND, SHUFFLE 1/4 TURN RIGHT

5-6 Step left behind right, step right to right side

7&8 Step left ¼ turn right, step right beside left, and step forward on left

Couple now facing line of dance in VW-position, right on top

VINE RIGHT, TOUCH AND CLAP

1-2 Step right to right side, step left behind right

3-4 Step right to right side, touch left beside right and clap

ROLLING VINE LEFT, TURN 1 1/4 TURN LEFT, TOUCH

5-6 Turn left as you step left, right

7-8 Turn left as you step left, touch right beside left Couple now facing each other, in cross-hand hold, right on top

REPEAT