

Blue Suede Shoes

拍数: 32 墙数: 2 级数: Improver
编舞者: Irene Groundwater (CAN)
音乐: Blue Suede Shoes - Elvis Presley



RIGHT SWIVELS, HOLD, LEFT SWIVELS, HOLD

1-2-3-4 Swivel both heels to the right, swivel both toes to the right, swivel both heels to the right, hold
5-6-7-8 Swivel both heels to the left, swivel both toes to the left, swivel both heels to the left, hold
Option - hold both arms high when swiveling

CHARLESTON WITH HOLDS

1-2-3-4 Touch right toe forward, hold, step back on right, hold
5-6-7-8 Touch left toe back, hold, step forward on left, hold

FORWARD, LOCK, FORWARD, BRUSH, FORWARD, LOCK, FORWARD, BRUSH

1-2-3-4 Right forward, left forward, right forward, brush left ball forward beside right instep
5-6-7-8 Left forward, right forward, left forward, brush right ball forward beside left instep

Option:

1-3 Right hand forward
4 Drop hand
5-7 Left hand forward
8 Drop hand

Option for ultra beginners:

1-8 Right forward shuffle, hold, left forward, shuffle, hold

Option for intermediates:

1-3 Make a full forward turn right
5-7 Make a full forward turn left

FORWARD, HOLD, ¼ TURN LEFT, HOLD, FORWARD, HOLD, ¼ TURN LEFT, HOLD

1-2-3-4 Right forward, hold, pivot ¼ turn left onto left, hold
5-6-7-8 Right forward, hold, pivot ¼ turn left onto left, hold

Intermediate option for last 8 counts

HEEL, TOGETHER, HEEL, TOGETHER, FORWARD, ¼ TURN LEFT, HEEL, TOGETHER, HEEL, TOGETHER, FORWARD, ¼ TURN LEFT

1&2& Touch right heel forward, step right beside left, touch left heel forward, step left beside right
3-4 Right forward, pivot ¼ turn left onto left
5&6& Touch right heel forward, step right beside left, touch left heel forward, step left beside right
7-8 Right forward, pivot ¼ turn left onto left

REPEAT

TAG

At the end of wall 4, repeat counts 17-32 before starting wall 5

At the end of wall 7, repeat counts 17-32 before starting wall 8

RESTART

On walls 8 and 10, restart the dance after count 16

ENDING

On last pattern make 2 ½ turns left instead of 2 ¼ turns left

For ultra beginners, eliminate all tags and restarts. Dance pattern ends with the music on the back wall