

Blue Mountain Waltz

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate waltz
编舞者: Derek Robinson (UK)
音乐: The Mountain - Steve Earle & The Del McCoury Band



RIGHT & LEFT SIDE STEPS WITH TOE POINTS, MODIFIED SAILOR STEPS

- 1 Step right foot to right side
- 2 Close left foot beside right
- 3 Point right toe to right side
- 4 Cross right foot behind left
- 5 Step left foot to left side
- 6 Step right foot beside left
- 7 Step left foot to left side
- 8 Step right foot beside left
- 9 Point left toe to left side
- 10 Cross left foot behind right
- 11 Step right foot to right side
- 12 Step left beside right

RIGHT & LEFT LOCK STEPS, ROCKS & ½ TURNS

- 1 Lock right foot over left
- 2 Step back left
- & Lock right foot over left
- 15 Step back on left
- 16 Step forward right & spin ½ turn right on sole of right foot
- 17 Step back left
- 18 Step right beside left
- 19 Lock left foot over right
- 20 Step back on right
- & Lock left foot over right
- 21 Step back on right
- 22 Step forward left & spin ½ turn left on sole of left foot
- 23 Step back right
- 24 Step left beside right

RIGHT ROLLING VINE, CROSS ROCK & RECOVER

- 25 Step right foot ¼ turn to right side
- 26 Turn ¼ turn right on sole of right foot stepping left foot to left side
- 27 Turn ½ right on sole of left foot stepping right foot to right side
- 28 Cross rock left foot over right
- 29 Recover onto right
- 30 Step left beside right

MODIFIED GRAPEVINE LEFT, ¼ & ½ TURNS LEFT

- 31 Cross right foot over left
- 32 Step left foot to left side
- 33 Cross right foot behind left
- 34 Step ¼ turn left on left
- 35 Turn ½ turn left on sole of left stepping back right
- 36 Step left beside right

¼ TURNS RIGHT STEPPING FORWARD & BACK

- 37 Step forward with right foot ¼ turn right
- 38 Step left beside right
- 39 Step right in place
- 40 Step back with left foot ¼ turn left
- 41 Step right beside left
- 42 Step left in place
- 43 Step forward with right foot ¼ turn right
- 44 Step left beside right
- 45 Step right in place
- 46 Step back with left foot ¼ turn left
- 47 Step right beside left
- 48 Step left in place

During steps 37-48 you should have completed one full turn to the right

REPEAT
