

Blue Lights (P)

COPPER KNOB
STEPSHETS

拍数: 48 墙数: 0 级数: Partner
编舞者: Allan Mitchell & Patricia Mitchell
音乐: House of the Blue Lights - Asleep at the Wheel



Position: Start in Right Side By Side (Sweetheart). Same steps for both unless stated

STEP, LOCK, STEP, HOLD, STEP, LOCK, STEP, HOLD

1-4 Left step forward, right lock step behind left, left step forward, hold
5-8 Right step forward, left lock step behind right, right step forward, hold

FORWARD, HOLD, ROCK BACK, HOLD, SLOW COASTER STEP, HOLD

9-12 Left step forward, hold, rock onto right, hold
13-16 Left step back, right step beside left, left step forward, hold

FORWARD, HOLD, PIVOT ½ LEFT, HOLD, FORWARD, HOLD, PIVOT ¼ LEFT, HOLD

17-20 Right step forward, hold, pivot ½ turn left stepping forward on left, hold

Drop right hand and pass left arms over mans head

21-24 Right step forward, hold, pivot ¼ turn left stepping left side on left, hold

Pass left arms over lady's head, take up right, now in Indian Position, man behind lady, facing OLOD

CROSS ROCK TOGETHER, HOLD, CROSS ROCK, ¼ LEFT, HOLD

25-28 Right step across left, rock back onto left, right step beside left, hold
29-32 Left step across right, rock back onto right, left step ¼ turn left, hold

TURN ½ LEFT, HOLD, TURN ½ LEFT, HOLD, STEP, TOGETHER, STEP, HOLD

33-34 Pivot on ball of left & turn ½ left stepping back on right, hold

Easy option - walk forward right, hold, left, hold

35-36 Pivot on ball of right & turn ½ left stepping forward on left, hold

Release right hands & raise left, pass over mans then lady's head, back into right side by side facing LOD

37-40 Right step forward, left step beside right, right step forward, hold

FORWARD ROCK, TOGETHER, HOLD, ROCK BACK, TOGETHER, HOLD

41-44 Left step forward, rock back onto right, left step beside right, hold
45-48 Right step back, rock back onto left, right step beside left, hold

REPEAT