

# Blue Days

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: John Sharman (UK)  
音乐: Blue Days - Merv & Maria



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## STEP, HOLD, AND TOUCH, CROSS

1-2              Step right foot to right side, hold for one beat  
&3-4            Step on left beside right, touch right toe to right side, cross right over left

## STEP, HOLD, AND TOUCH, STEP FORWARD

5-6              Step left foot to left side, hold for one beat  
&7-8            Step on right beside left, touch left toe to left side, step forward on left

## ROCK, RECOVER, SHUFFLE BACK

9-10            Rock forward on right, rock back on left  
11&12          Step back on right, step on left beside right, step back on right

## ROCK, RECOVER, HITCH TURN, STEP, LOCK, STEP

13-14          Rock forward on left, rock back on right  
&                Hitch left foot in front of right shin making a half turn left  
15&16          Step forward left, lock right behind left, step forward on left

## CROSS, BACK, SHUFFLE ¼ TURN

17-18          Step on right over left, step back on left  
19&20          Step on right to right side turning a ¼ turn right, step on left beside right, step forward on right

## CROSS, BACK, SHUFFLE HALF TURN

21-22          Step on left over right, step back on right  
23&24          Turning a ¼ turn left step on left, step on right beside left, making a further ¼ turn left stepping on left

## WEAVE LEFT

25-26          Step on right over left, step on left to left side  
27-28          Step on right behind left, step on left to left side

## HEEL AND HEEL AND HEEL HOLD

29&            Touch right heel forward, step on right  
30&            Touch left heel forward, step on left  
31&            Touch right heel forward, step on right  
32              Hold for one beat

## REPEAT

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