

The Blister Shuffle

拍数: 32 墙数: 2 级数: Intermediate
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音乐: Lost In the Shuffle - Michael Peterson



STEP SCUFFS, CROSS, UNWIND & HIP BUMPS

- 1 Step forward right
- 2 Scuff left out to left side
- 3 Step forward left
- 4 Scuff right out to right side
- 5 Cross right over left and place right hand behind head
- 6 Unwind $\frac{1}{2}$ turn left and place left hand behind head
- 7-8 Bump hips right and left with hands behind head

CROSS BEHIND, UNWIND, CLAP, STEP, SCUFF, $\frac{1}{2}$ TURN, SCUFF

- 9 Cross right behind left
- 10 Unwind $\frac{1}{2}$ turn right
- 11-12 Clap hands twice
- 13 Step right in place
- 14 Scuff left and make $\frac{1}{2}$ turn left
- 15 Step left in place
- 16 Scuff right forward

CHASSE RIGHT, ROCK BACK, CHASSE LEFT, ROCK BACK

- 17 Step right to right side
- & Step left beside right
- 18 Step right to right side
- 19 Rock back on left foot
- 20 Rock in place onto right
- 21 Step left to left side
- & Step right beside left
- 22 Step left to left side
- 23 Rock back on right foot
- 24 Rock in place onto left

ROLLING VINE RIGHT

- 25 Step right foot $\frac{1}{4}$ turn right
- 26 Pivot $\frac{1}{4}$ turn right on right and step left to left side
- 27 Pivot $\frac{1}{2}$ turn right on ball of left foot and step right to right side
- 28 Step left beside right

SYNCOPATED VINE RIGHT & SCUFF

- 29 Step right to right side
- 30 Cross left behind right
- &31 Step right to right side, cross left over right
- 32 Scuff right foot forward

REPEAT