

Blinded

拍数: 32 墙数: 2 级数: Beginner
编舞者: Wrangler (Rozanne) Wild (AUS)
音乐: Blinded - Brian McComas



CROSS ROCK, DROP HEEL, STEP SIDE TWICE, STEP RIGHT FORWARD, LOCK LEFT, STEP RIGHT FORWARD, STEP LEFT FORWARD ½ PIVOT

- 1&2 Cross rock right over left raising left heel, drop heel down in place, step right slightly to right side
3&4 Cross rock left over right raising right heel, drop heel down in place, step left slightly to left side
5&6 Step right forward, lock step left behind, step right forward
7-8 Step left forward, pivot ½ turn right (end weight forward on right) (6:00)

CROSS ROCK, DROP HEEL, STEP SIDE TWICE, STEP LEFT FORWARD, LOCK RIGHT, STEP LEFT FORWARD, STEP RIGHT FORWARD, ¼ PIVOT

- 1&2 Cross rock left over right raising right heel, drop heel down in place, step left slightly to left side
3&4 Cross rock right over left raising left heel, drop heel down in place, step right slightly to right side
5&6 Step left forward, lock step right behind left, step left forward
7-8 Step right forward, pivot ¼ left (end weight left) (3:00)

RIGHT KICK BALL CHANGE TWICE, RIGHT SCISSOR STEP, STEP LEFT SIDE, SLIDE RIGHT TOGETHER

- 1&2 Kick right forward, step ball of right beside left, step left beside right
3&4 Kick right forward, step ball of right beside left, step left beside right
5&6 Step right to side, step left beside right, step right over left
7-8 Step left to side, slide right to beside left

LEFT MAMBO FORWARD, RIGHT MAMBO BACK, 1/8 PADDLE TURN TWICE, STEP TOGETHER, HEEL SWIVEL LEFT, CENTER

- 1&2 Rock step left forward, rock back on right, step left beside right (harder option forward coaster on left)
3&4 Rock step right back, rock forward on left, step right beside left (harder option back coaster on right)
5& Step left forward at 45 degrees left pushing hips left, rock replace weight on right
6& On ball of right turn further 45 degrees right & step left to side pushing hips left, replace weight on right (6:00)
7&8 Step left beside right, swivel heels left, center

REPEAT

ENDING

Dance counts 1-30 (facing back). For last 2 beats step left forward, pivot ½ turn right
