Blind Date

级数: Intermediate

编舞者: Jamie Marshall (USA)

音乐: Help Me Stop My Sister - Lenny Paquette

Call 860-620-1162 for music

拍数: 32

SHUFFLE RIGHT, ROCK STEP, PIVOT TURNS

- 1&2 Shuffle right, left, right
- 3-4 Rock back on left, recover on right
- 5-6 Step forward on left, pivot ½ right taking weight on right
- 7-8 Step forward on left, pivot ¼ right taking weight on right

¾ TURN, JUMP, JUMP

- 9-10 Step forward on left, pivot ½ on ball of left stepping back on right
- 11-12 Pivot ¹/₄ on ball of right and step left to left, step right next to left
- &13-14 Small jump to left with left, touch right next to left, bump to right
- &15-16 Small jump to left with left, touch right next to left, bump to right

HEEL, REPLACE, HEEL, REPLACE, FUNKY WALK

- 17-18 Touch right heel diagonally forward, step right next to left
- 19-20 Touch left heel diagonally forward, step left next to right
- &21 Kick right diagonally right, step right next to left knocking knees and popping left knee to left
- 22 Knock left knee back to center popping right knee to right
- 23 Knock right knee back to center popping left knee to left
- 24 Knock left knee back to center

Option: replace knocking knees with skips beginning with right, left, right, left

FORWARD ROCK, SHUFFLE BACK, CROSS TURN

- 25-26 Forward rock on right, recover on left
- 27&28 Shuffle back right, left, right
- 29&30 Shuffle back left, right, left
- 31-32 Cross right behind left, bending at knees pivot ½ left ending with weight on left

REPEAT





墙数:2