

# Blessing In Disguise

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Diana Dawson (UK)  
音乐: Blessing in Disguise - Bryan Adams



## HEEL, HOOK, HEEL, HOOK, FORWARD, HOOK, BACK, HOOK

1-2      Tap right heel forward, hook right up in front of left shin  
3-4      Tap right heel forward, hook right up in front of left shin  
5-6      Step forward on right foot, hook left up behind right leg  
7-8      Step back on left foot, hook right up in front of left shin

## ½ TURN, HOOK, BACK, HOOK, FORWARD, LOCK, FORWARD

1-2      Make ½ turn right stepping forward on right foot, hook left up behind right (6:00)  
3-4      Step back on left foot, hook right up in front of left shin  
5-6-7-8      Step forward on right, lock left up behind right, step forward on right, hold

## RUMBA BOX

1-2-3-4      Step left to left side, step right next to left, step forward on left, hold  
5-6-7-8      Step right to right side, step left next to right, step back on right, hold

## BACK LOCK, ½ TURN, HOOK, FORWARD LOCK, FORWARD

1-2      Step back on left foot, lock right over left  
3-4      Step back on left making ½ turn right, hook right up in front of left shin (12:00)  
5-6-7-8      Step forward on right, lock left up behind right, step forward on right, hold

## SIDE, TOGETHER ¼ TURN, SHUFFLE FORWARD

1-2      Step left to left side, step right beside left  
3-4      Step left to left side making ¼ turn left, hold (9:00)  
5-6-7-8      Step forward on right, step left next to right, step forward on right, hold (9:00)

## STEP, ½ TURN, STEP, RUN, RUN, RUN

1-2-3-4      Step forward on left, pivot ½ turn right, step forward on left, hold (3:00)  
5-6-7-8      Run forward, stepping - right, left, right, hold (small steps, knees slightly bent)

## FORWARD, TOUCH, BACK, TOUCH, BACK, LOCK, BACK

1-2      Step forward on left, touch right up behind left  
3-4      Step back on right, touch left next to right  
5-6-7-8      Step back on left, lock right over left, step back on left, hold

## COASTER STEP, STEP, ½ TURN, STEP

1-2-3-4      Step back on right foot, step left next to right, step forward on right, hold  
5-6-7-8      Step forward on left, pivot ½ turn right, step forward on left, hold (9:00)

## REPEAT