

Blessed

拍数: 32 墙数: 4 级数: Intermediate/Advanced
编舞者: Leyonee Forbes (UK) & Sarah Cowie
音乐: I'm Already There - Lonestar



Dedicated to a dear line dance friend Mary who lost her battle with cancer last year.

& CROSS, ROCK, ROCK, ROCK, BEHIND, SIDE, CROSS ROCK, & CROSS, ½ TURN

&1-2&3 Step right to right side, cross step left over right, rock right to right side, rock left, rock right
4&5 Step left behind right, step right to right side, cross rock left over right
6&7 Step right in place, step left to left side, cross step right over left
8& Step left to left side, step right to right side making ½ turn over right shoulder

CROSS, STEP CLOSE STEP, SAILOR ¼ TURN, TRIPLE TURN FORWARD, TURN &

1-2&3 Cross step left over right, step right to right side, step left together, step right to right side
4&5 Step left behind right, step right to right side making ¼ turn left, step left forward
6&7 Triple turn forward right, left, right making full turn over left shoulder
8& Step forward left, right making full turn over right shoulder

SIDE, ROCK, ROCK, SIDE, ROCK, ROCK, STEP ¼ TURN, PIVOT ¾, STEP RIGHT SIDE, BEHIND &

1-2&3 Step left to left side, rock back on right, step left in place, step right to right side
4&5 Rock back on left, step right in place, making ¼ turn left- step left forward
6&7 Step forward right, pivot ¾ turn over left shoulder stepping left in place, step right to right side
8& Step left behind right, step right to right side

CROSS, SIDE ROCK & CROSS & BEHIND & CROSS, ¼ TURN, TURN & TURN &

1-2& Cross step left over right, side rock right, step left in place
3&4& Cross step right over left, step left to left side, step right behind left, step right to right side
5-6& Cross step right over left, side rock left, step right in place making ¼ turn right
7& Step left forward making ¼ turn right, step right to right side making ½ turn right
8& Step left to left side making ½ turn left, step right to right side making ½ turn right

Making a 1 ¾ turn

REPEAT

RESTARTS

During the 3rd wall, dance counts 1-24& and then go to the beginning of the dance

During the 6th wall, counts 20&21 should be replaced with:

20&21 Step left behind right, step right to right side, cross step left over right

The cross step again takes us back to the beginning of the dance

During the 7th wall, there is a pause between counts 16 & 1. Wait for lyrics to "there" and pick up dance where it left off.