

Blastin' Out

拍数: 48 墙数: 4 级数: Improver
编舞者: Letha Blackford (USA) & Kimi Long
音乐: Johnny Cash - Jason Aldean



RIGHT SIDE ROCK WITH ¼ TURN LEFT, RIGHT ROCK STEP WITH ¼ TURN LEFT, RIGHT SAILOR, LEFT SAILOR

1-2 Rock right foot to right, recover weight on left foot making ¼ turn left
3-4 Rock right foot forward, recover weight on left foot making ¼ turn left
5&6 Step right foot behind left, left to left, right beside left
7&8 Step left foot behind right, right to right, left beside right

RIGHT STEP, SLIDE LEFT, STEP LEFT, HIP BUMPS

1-4 Take big step forward with right foot, slide left foot next to right, step left next to right
5-8 Hip bumps (end with weight on left)

RIGHT SIDE ROCK WITH ¼ TURN LEFT, RIGHT SHUFFLE, LEFT ROCK STEP WITH ½ TURN RIGHT, LEFT SHUFFLE

1-2 Rock right foot to right, recover weight on left foot making ¼ turn left
3&4 Step right foot forward, step left together with right, step right foot forward
5-6 Rock left foot forward, recover weight on left foot making ½ turn right
7&8 Step left foot forward, step right together with left, step left foot forward

RIGHT ROCK STEP, RIGHT COASTER STEP, JUMP FORWARD, HOLD, JUMP BACK, HOLD

1-2 Rock right foot forward, recover weight on left foot
3&4 Step right foot back, step left foot back next to left, step right foot forward
&5-6 Jump forward landing on left foot, quickly followed by right foot, hold
&7-8 Jump backward landing on right foot, quickly followed by left foot, hold

RIGHT MONTEREY TURN, POINT RIGHT, STEP RIGHT, POINT LEFT, STEP LEFT

1-2 Point right foot to right, ½ turn right backwards stepping right next to left
3-4 Point left foot to left, step left next to right
5-6 Point right foot to right, step right foot across left
7-8 Point left foot to left, step left foot across right

RIGHT TOE STRUT, LEFT TOE STRUT, RIGHT TOE STRUT, LEFT TOE STRUT

1-2 Touch right toe forward, drop right heel
3-4 Touch left toe forward, drop left heel
5-6 Touch right toe forward, drop right heel
7-8 Touch left toe forward, drop left heel

REPEAT

RESTART

When dancing to "Johnny Cash" by Jason Aldean, restart after 16 counts on wall 5

TAG

When dancing to "Suicide Dawg" by Nace Brothers, at the end of Walls 2 and 4

1-4 Hip bumps or sways (end with weight on left)

RESTART

When dancing to "Suicide Dawg" by Nace Brothers, restart after 40 counts on Wall 7

