

Blackout '99

COPPERKNOB
BY STEPHENETS

拍数: 48 墙数: 4 级数: Intermediate/Advanced
编舞者: Lee Crooks (UK) & Glad Jackson (UK)
音乐: When the Lights Go Out - Five



When dancing to Five, start on the word "lights"

BODY MOVES, HEEL DIGS

1-2 (Feet shoulder width apart) push upper body to the left, push upper body forward
3-4 Push upper body to the right, pull upper body back in place to face front
5-6 Dig right heel forward (weight remains on right), step left behind right
& Step right foot to right side
7-8 Dig left heel forward (weight remains on left), step right behind left
& Step left foot to left side

VINE RIGHT WITH ¼ TURN RIGHT, ROCK STEP AND SIDE CHASSE LEFT

9-10 Step right foot to right side, step left foot behind right
11-12 Step right foot ¼ turn right, touch left foot beside right
13-14 Rock body to left side (weight on left foot), rock body to right side (weight on right foot)
15&16 Step left foot to left side, step right beside left, step left foot to left side

Arms: Counts 13-14: swing both arms to the left, swing both arms to the right. Counts 15&16: swing arms turning a full turn to the right then point fingers to the left.

TWO HITCH 1/8 TURNS LEFT, TWO HITCH ¼ TURNS LEFT, QUICK STEPS WITH TWISTS

&1 Hitch right knee making 1/8 turn left, touch right toe out to right side
&2 Hitch right knee making 1/8 turn left, touch right toe out to right side
&3 Hitch right knee making ¼ turn left, touch right toe out to right side
&4 Hitch right knee making ¼ turn left, touch right toe out to right side

You should now have turned ¾ left and be facing 3:00

&5 Step right foot back, step left foot forward
&6 Twist feet ¼ turn right, twist feet ¼ turn left
7-8 (Weight on left foot) step right foot forward, pivot ¼ turn left. (weight ends on left)

HEEL, STEP FORWARD, SIDE ROCKS, RIGHT SAILOR STEP, LEFT CROSS AND UNWIND ½ TURN LEFT

1& Touch right heel forward, step right slightly forward
2& Rock left on ball of left, rock weight on to right foot
3& Touch left heel forward, step left slightly forward
4& Rock right on ball of right, rock weight on to left foot
5&6 Cross right behind left, step left to left side, step right to right side
7-8 Cross left behind right, unwind ½ turn left

STEP FORWARD RIGHT, HOLD, QUICK FULL TURN RIGHT, ROCK STEPS WITH ¼ TURN LEFT, ARM MOVEMENTS

1-2 Step right foot forward, hold for one count
3 On ball of right foot pivot ½ turn right stepping left foot back
4 On ball of left foot pivot ½ turn right stepping right foot forward
5&6 Rock forward on left foot, step right in place, turn left foot ¼ turn left
7 Touch right foot shoulder width apart from left foot
&8 (With fingers together) cross arms over chest, sharply drop arms to sides

HIP ROLLS TURNING WHOLE BODY ¼ TURN RIGHT, BODY ROLL UP, CLAPS AND SLAPS

- 1-2 Roll hips to the right once while turning whole body and feet ¼ turn right. (right foot should end up in front of left)
- 3-4 Body roll upwards
- 5-6 Step left foot to left side, step right foot shoulder width apart from left
- 7&8 Clap hands together twice, slap hands on thighs

REPEAT
