

Blackbird

拍数: 0 墙数: 1 级数: Intermediate
编舞者: Sue Johnstone (UK)
音乐: Down Came a Blackbird - Lila McCann



Sequence: 1-48 of A, A, B, C, A, 1-8 of A x 2. To use with other music keep repeating section A only.
For finale, step to right and raise right arm. Hold position.

SECTION A

CROSS, STEP, UNWIND X 2, VOCALS "DOWN CAME A BLACKBIRD"

- 1-2 Cross right over left, step left to left.
3-4 Cross right over left, unwind ½ turn to left. (cross hands in front on 3, bend knee as you unwind and raise arms out to sides)
5-8 Repeat steps 1-4

ROCK STEPS AND SHUFFLES

- 9-10 Rock back onto right foot, rock forward onto left.
11-12 Shuffle forward right-left-right.
13-14 Rock forward onto left foot, rock back onto right.
15-16 Shuffle back left-right-left.

HEEL SWITCH, HITCH AND SLAP, CROSS BEHIND, SIDE, TRIPLE STEP

- 17&18 Tap right heel in front, bring right back to place, tap left heel to front
&19 Bring left back to place, tap right toe to right side.
&20 Hitch right knee across left (slap knee with left hand), tap right toe to right side
21-22 Cross right behind left, step left to left side.
23&24 Triple step in place right-left-right

25&26 Tap left heel in front, bring left back to place, tap right heel to front
&27 Bring right back to place, tap left toe to left side
&28 Hitch left knee across right (slap knee with right hand), tap left toe to left side
29-30 Cross left behind right, step right to right side.
31&32 Triple step in place left-right-left

HIP SWAYS FORWARD AND BACK. (VOCALS 'SHE'S GONE') SWAY ARMS IN HIP DIRECTION.

- 33-34 Step diagonally forward on right and sway hips forward, sway weight back onto left.
35&36 Sway forward onto right, sway back onto left, sway forward onto right.
37-38 Step diagonally forward on left and sway hips forward, sway weight back onto right.
39&40 Sway forward onto left, sway back onto right, sway forward onto left.
41-48 Repeat steps 33-40 (but moving back, start with a step back on right & sway hips back.)

HEEL SWITCHES AND STEP FORWARD X 4

- 49&50 Tap right heel to front, bring right back to place, tap left heel to front
&51-52 Bring left back to place, step forward on right, bring left tog with right.
53-64 Repeat 49-52 another 3 times.

SIDE SHUFFLE, CROSS BEHIND, UNWIND, HEEL SWITCHES

- 65&66 Shuffle to the right right-left-right
67-68 Cross left behind right, unwind ½ turn to left
69-72 Repeat steps 49-52
73-80 Repeat steps 65-72

HIP SWAYS BACKWARDS (VOCALS 'SHE'S GONE') SWAY ARMS IN HIP DIRECTION

- 81-82 Step diagonally back on right as you sway back, bring weight on left as you sway forward.
83&84 Sway back, sway forward, sway back
85-86 Step diagonally back on left as you sway back, bring weight on right as you sway forward.
87&88 Sway back, sway forward, sway back
89-96 Repeat steps 81-88

SECTION B (SAME AS A BUT WITHOUT STEPS 65-80)

- 1-64 Repeat 1-64 of section a
65-80 Repeat 81-96 of section a (vocals 'she's gone') sway arms in hip direction.

SECTION C (SLOW BRIDGE IN MIDDLE OF TRACK)

DIAMOND SHAPE WITH TRIPLE STEPS

- 1-2 Step forward on right turning $\frac{1}{4}$ turn to right, bring left tog with right.
3&4 Triple step in place right-left-right
5-6 Step back on left turning $\frac{1}{4}$ turn to right, bring right tog with left
7&8 Triple step in place left-right-left
9-16 Repeat steps 1-8.

FULL LEFT TURN, TRIPLE STEP, FULL RIGHT TURN, TRIPLE STEP (MOVING FORWARD)

- 17-18 Step forward on right turning $\frac{1}{2}$ to left, step back on left turning $\frac{1}{2}$ to left.
19&20 Triple step in place right-left-right
21-22 Step forward on left turning $\frac{1}{2}$ to right, step back on right turning $\frac{1}{2}$ to right.
23&24 Triple step in place left-right-left

RIGHT KICK BALL CHANGES X 4 (TRAVELING BACKWARDS)

- 25&26 Kick right foot forward, step back slightly on right, step back slightly on left
27-32 Repeat steps 25&26 three more times.
-