

Blackbird

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Gloria Johnson (USA)
音乐: Down Came a Blackbird - Lila McCann



RIGHT HEEL AND TOE TOUCHES; RIGHT GRAPEVINE

- 1& Touch right heel forward; cross-touch right toe beside left foot
- 2& Touch right heel forward; touch right toe beside left in-step
- 3& Touch right heel forward; cross-touch right toe beside left foot
- 4& Touch right heel forward; touch right toe beside left in-step
- 5-6 Step right foot to right side; cross-step left foot behind right
- 7-8 Step right foot to right side; touch left toe beside right foot.

LEFT HEEL AND TOE TOUCHES; LET GRAPEVINE

- 9& Touch left heel forward; cross-touch left toe beside right foot
- 10& Touch left heel forward; touch left toe beside right in-step
- 11& Touch left heel forward; cross-touch left toe beside right foot
- 12& Touch left heel forward; touch left toe beside right in-step
- 13-14 Step left foot to left side; cross-step right foot behind left
- 15-16 Step left foot to left side; touch right toe beside left foot.

TOE-HEEL STRUTS; JAZZ BOX WITH ¼ TURN

- 17& Touch right toe forward; step down on right heel
- 18& Touch left toe forward; step down on left heel
- 19& Touch right toe forward; step down on right heel
- 20& Touch left toe forward; step down on left heel
- 21-22 Cross-step right foot over left; step back on left foot
- 23-24 Turning ¼ right, step right foot to right side; touch left toe beside right foot.

TOE-HEEL STRUTS; JAZZ BOX

- 25& Touch right toe forward; step down on right heel
- 26& Touch left toe forward; step down on left heel
- 27& Touch right toe forward; step down on right heel
- 28& Touch left toe forward; step down on left heel
- 28-30 Cross-step right foot over left; step back on left foot
- 31-32 Step right foot to right side; touch left toe beside right foot.

TOE-HEEL SWIVELS

- 33& Swivel both toes to center by separating heels; put weight on left toe and right heel and swivel toes outward causing both heels to come to center
- 34& Switch weight to left heel and right toe and swivel both toes to center; switch weight to left toe and right heel and swivel both heels to center
- 35& Switch weight to left heel and right toe and swivel both toes to center; switch weight to left toe and right heel and swivel both heels to center
- 36& Switch weight to left heel and right toe and swivel both toes to center
- 37-38 Switch weight to left toe and right heel and swivel both heels to center (you will begin moving to the left); switch weight to left heel and right toe and swivel both toes to center
- 39-40 Switch weight to left toe and right heel and swivel both heels to center; switch weight to left heel and right toe and swivel both toes to center.

REPEAT

