Black Velvet



编舞者: EmCee (UK)

音乐: Black Velvet - Alannah Myles



Sequence: Count In 32 from 1st beat of drum. A, B (1-16), A, B (1-14), A, B (1-16), A, B, TAG, A, B, A, B to end

PART A

TOUCH, SLIDE, ROCK RECOVER ROCK, ROCK RECOVER ROCK, TOUCH, SLIDE

1-2 Touch right toe to right side, slide forward and step in front of left

Rock forward onto left, recover weight onto right, rock forward onto left (small cha-cha steps

bumping hips forward, back, forward)

5-6 Rock forward onto right, recover weight onto left, rock forward on right(option as for 3&4)

7&8 Touch left toe to left side, slide forward step in front of right

STEP PIVOT, FULL TURN, SHUFFLE, SWAY, SWAY

1-2 Step forward on right, pivot half turn left step forward on left
 3-4 Half turn left step back on right, half turn left step forward on left
 5&6 Step forward on right, bring left up to right, step forward on right

7-8 Sway forward onto left bending knees slightly, pushing hips forward, sway back onto right,

straighten knees pushing hips back, flicking left behind right

ROCK RECOVER, CROSS SHUFFLE, ROCK RECOVER, BEHIND CROSS SHUFFLE

1-2 Rock left out to left side, recover weight onto right
3&4 Left across right, right to right side, left across right
5-6 Rock right out to right side, recover weight back onto left

7&8 Cross right behind left, step left to left side, cross right behind left

ROCK TURN RECOVER, SAILOR TURN, SWAY, SWAY, COASTER CROSS

1-2 Rock left out to left side, ¼ turn left recover weight onto right

3&4 ½ turn left swing left behind right, step right in place, step left forward

5-6 Sway forward onto right bending knees slightly, pushing hips forward, sway back onto left

pushing hips back

7&8 Step back on right, step left next to right, cross right in front of left

PART B

Mirror image of A

TOUCH, SLIDE, ROCK RECOVER ROCK, ROCK RECOVER ROCK, TOUCH, SLIDE

1-2 Touch left toe to left side, slide forward in front of right

Rock forward onto right, recover weight onto left, rock forward on right Rock forward onto left, recover weight onto right, rock forward on left

7&8 Touch right toe to right side, slide forward in front of left

STEP PIVOT, FULL TURN, SHUFFLE, SWAY, SWAY

Step forward on left, pivot half turn right step forward on right
 Half turn right step back on left, half turn left step forward on right
 Step forward on left, bring right up to left, step forward on left

7-8 Sway forward onto right bending knees slightly, pushing hips forward, sway back onto left,

straightening knees pushing hips back, flicking right behind left

ROCK RECOVER, CROSS SHUFFLE, ROCK RECOVER, BEHIND CROSS SHUFFLE

1-2 3&4 5-6	Rock right out to right side, recover weight back onto left Step right across left, step left to left side, step right across left Rock left out to left side, recover weight onto right
7&8	Cross left behind right, step right to right side, cross left behind right
ROCK TURN RECOVER, SAILOR TURN, SWAY, SWAY, COASTER CROSS	
1-2	Rock right out to right side, ¼ turn right recover weight onto left
3&4	1/4 turn right swing right behind left, step left in place, step right forward
5-6	Sway forward onto left bending knees slightly, pushing hips forward, sway back onto right pushing hips back
7&8	Straighten knees step back on left, step right next to left, cross left in front of right
TAG	
1-2	Step forward on right, sway back on to left
3-4	Step back on right, sway forward on to left