

Black Pony

拍数: 32 墙数: 4 级数: Improver
编舞者: Niels Poulsen (DK)
音乐: Black Horse And The Cherry Tree - KT Tunstall



LEFT STEP LOCK STEP, RIGHT STEP LOCK STEP, ROCK LEFT FORWARD, RECOVER ¼ LEFT, ¼ LEFT SHUFFLE TURN

- 1&2 Step forward on left, lock right behind left, step forward on left
3&4 Step forward on right, lock left behind right, step forward on right
5-6 Rock forward on left, recover weight to right turning ¼ left
2nd restart here
7&8 Turn ¼ left stepping forward on left, close right behind left, step forward on left (facing 6:00)

TOUCH RIGHT HEEL AND TOE FORWARD AND BACK, SHUFFLE FORWARD RIGHT, REPEAT WITH LEFT

- 1-2 Touch right heel forward, tap right toe back
3&4 Step forward on right, close left behind right, step forward on right
5-6 Touch left heel forward, tap left heel back
7&8 Step forward on left, close right behind left, step forward on left (facing 6:00)

ROCK FORWARD RIGHT, RIGHT COASTER, REPEAT WITH LEFT

- 1-2 Rock forward on right, recover weight back to left
3&4 Step back on right, bring left next to right, step forward on right
5-6 Rock forward on left, recover weight back to right
7&8 Step back on left, bring right next to left, step forward on left (facing 6:00)

STEP ½ TURN LEFT, SHUFFLE FORWARD RIGHT, STEP ¼ TURN RIGHT, 2 HIP BUMPS FORWARD AND BACK

- 1-2 Step forward on right, turn ½ turn left stepping onto left
3&4 Step forward on right, close left behind right, step forward on right
5-6 Step forward on left, turn ¼ right stepping forward on right
1st restart here
7-8 Step onto left bumping left hip forward, step back on right bumping right hip back (facing 3:00)

REPEAT

RESTART

During 3rd wall, facing 9:00, restart dance after count 30 with left step lock step forward
During 7th wall, facing 3:00, restart dance after count 6 with left step lock step forward
