

Black Lie

拍数: 96 墙数: 1 级数: Intermediate
编舞者: Lady Rebel (NL)
音乐: Don't Lie - Black Eyed Peas



SWAY LEFT, RIGHT, CHASSE ¼ TURN LEFT, LUNGE, RECOVER, TOUCH, STEP, SCUFF, HITCH, CROSS

- 1-2 Sway hips left, sway hips right
3&4 Step left to left side, close right beside left, make ¼ turn left stepping left forward
5&6& Lunge forward on ball of right, recover weight on left, step right back while lifting left heel (keep left toe on the ground), step down on left
7&8 Scuff right forward, hitch right, touch right toes in front of left

SWIVEL ½ TURN LEFT, COASTER STEP, SIDE ROCK, RECOVER, TOUCH, CHASSE TURN RIGHT

- 1&2 Swivel heels right with ¼ turn left, swivel heels left, swivel heels right with ¼ turn left completing ½ turn left
3&4 Step back left, step right beside left, step left forward
5&6 Rock right to right side, recover weight on left, touch right toes crossed behind left
7&8 Step right to right side, close left beside right, make ¼ turn right stepping right forward

PIVOT ½ TURN RIGHT, STEP, SYNCOPATED WEAVE, TOUCH, BEHIND, SIDE, CROSS, CHASSE RIGHT

- 1&2 Step left forward, pivot ½ turn right, step left forward
&3&4 Cross right behind left, step left to left side, cross right in front of left, point right out to right side
5&6 Cross right behind left, step right to right side, cross right in front of left
7&8 Step right to right side, close left beside right, step right to right side

VAUDEVILLES, BESIDE, CROSS SHUFFLE, SIDE ROCK, RECOVER WITH ¼ TURN LEFT, STEP

- 1&2& Cross left in front of right, step right diagonally back, touch left heel diagonally forward, step left beside right
3&4& Cross right in front of left, step left diagonally back, touch right heel diagonally forward, step right beside left
5&6 Cross left in front of right, step right to right side, cross left in front of right
7&8 Rock right to right side, recover weight on left with ¼ turn left, step right forward

LOCK STEP, ROCK, RECOVER WITH ½ TURN RIGHT, STEP, SHUFFLE ½ TURN RIGHT, SAILOR ¼ TURN RIGHT, TOUCH

- 1&2 Step left forward, step right behind left, step left forward
3&4 Rock right forward, recover weight on left with ½ turn right, step right forward
5&6 Step left ¼ turn right to right side, close right beside left, step left ¼ turn right back
7&8 Sweep right round and cross behind left, step left to left side, touch right beside left

MONTEREY TURN, SIDE ROCK, RECOVER, CROSS, SCUFF, CROSS, LOCK STEP, SHUFFLE ½ TURN RIGHT

- 1& Point right out to right side, ½ turn right stepping right beside left
2&3&4 Rock left to left side, recover weight on right, cross in left in front of right, scuff right forward, cross right in front of left
5&6 Step left back, cross right in front of left, step left back
7&8 Step right ¼ turn right to right side, close left beside right, step right ¼ turn right forward

¾ PADDLE TURN RIGHT, JAZZ BOX WITH ¼ TURN RIGHT & TOUCH

- 1&2&3&4 Point left toe out to left side, make ¼ turn right on right, point left toe out to left side, make ¼ turn right on right, point left toe out to left side, make ¼ turn right on right, point left toe out to left side
- 5-6-7-8 Cross left in front of right, step right back, step left to left side, turn ¼ right on left on the heavy beat and touch right beside left

SYNCOPATED ROCKING CHAIR, ROCK RECOVER WITH ¼ TURN RIGHT, SWAY LEFT, RIGHT, SIDE, CROSS POINT

- 1&2& Rock right forward, recover weight on left, rock right back, recover weight on left
- 3&4 Rock right forward, recover weight on left with ¼ turn right, step right to right side
- 5-6 Sway hips left, sway hips right
- 7&8 Step left to left side, cross right in front of left, point left out to left side

CROSS ROCK, RECOVER, SIDE ROCK, RECOVER, CROSS SHUFFLE, KICK BALL CROSS, SIDE ROCK, RECOVER WITH ¼ TURN LEFT

- 1&2& Rock left in front of right, recover weight on right, rock left to left side, recover weight on right
- 3&4 Cross left in front of right, step right to right side, cross left in front of right
- 5&6 Kick right diagonally right forward, step right beside left, cross left in front of right
- 7-8 Rock right to right side, recover weight on left with ¼ turn left

Recover weight on the heavy beat for styling

WALK TWICE, LOCK STEP, SIDE ROCK, RECOVER, CROSS, SIDE ROCK, RECOVER, CROSS

- 1-2 Step right forward and in front of left, step left forward and in front of right
- 3&4 Step right forward, cross left behind right, step right forward
- 5&6 Rock left to left side, recover weight on right, cross left in front of right
- 7&8 Rock right to right side, recover weight on left, cross right in front of left

SYNCOPATED ROCKING CHAIR, ROCK, RECOVER WITH ¼ TURN LEFT, SWAY RIGHT, LEFT, SIDE, CROSS, POINT

- 1&2& Rock left forward, recover weight on right, rock left back, recover weight on right
- 3&4 Rock left forward, recover weight on right with ¼ turn left, step left to left side
- 5-6 Sway hips right, sway hips left
- 7&8 Step right to right side, cross left in front of right, point right out to right side

CROSS, BACK WITH ¼ TURN RIGHT, ROCK, RECOVER, PIVOT ½ TURN LEFT, ½ TURN LEFT WITH SWEEP & HOOK, OUT - OUT

- 1-2-3-4 Cross right in front of left, step left back with ¼ turn right, rock right back, recover weight on left
- 5-6-7 Step right forward, pivot ½ turn left, ½ turn left on left
- & Sweep right round and hook in front of left
- &8 Step right to right side, step left to left side (feet shoulder wide apart)

REPEAT

RESTART

During the 3rd wall, dance the first 7 counts of the dance. On count 8 you turn ¼ turn right and step right to right side and start the dance again from the start
