

# Bouncin Texas

**COPPER** KNOB  
STEPPERS

拍数: 56      墙数: 0      级数:  
编舞者: Nicky Capper  
音乐: Keep Your Hands to Yourself - Hank Williams, Jr.



## **RUNNING MAN STEP TURN STEP TURN**

1            Step forward on right foot  
&            Slide right foot back and lift left leg up  
2            Step forward on left foot  
&            Slide left foot back and lift right leg up  
3-4         Repeat steps 1-2  
5            Step forward on right foot  
6            Pivot a half turn to the left  
7            Step forward on right foot  
8            Pivot a half turn to the left

## **RUNNING MAN STEP TURN STEP TURN**

9            Step forward on right foot  
&            Slide right foot back and lift left leg up  
10          Step forward on left foot  
&            Slide left foot back and lift right leg up  
11-12       Repeat step 9-11  
13          Step forward on right foot  
14          Pivot a half turn to the left  
15          Step forward on right foot  
16          Pivot a half turn to the left

## **STAMP BODY ROLL CLICK RIGHT BEHIND FORWARD LEFT**

17-20       Stamp right foot forward and a forward body roll  
21          Step right foot behind left  
22          Pivot a half turn to the right  
23          Step forward on left  
24          Pivot a half turn the right

## **SHUFFLE,RIGHT SHUFFLE STEP TURN STEP TURN**

25          Step diagonally forward on left foot  
&            Step right foot in place  
26          Step diagonally forward on left  
&            Touch right foot in place  
27          Step diagonally forward on right  
&            Step left foot in place  
28          Step diagonally forward on right  
&            Step left foot in place  
29          Step forward on left foot  
30          Pivot a half turn to the right  
31          Step forward on left foot  
32          Pivot a half turn to the right

## **MOVING HEEL CHANGES KICK BALL CHANGE,TURN**

33          Move right heel inwards and touch left toe out  
&            Move right heel out and lift left leg up

- 34 Move right toe to the right and touch left to the side  
& Move right heel outwards and lift left leg up  
35 Move right toe to the right and touch left to the side  
& Move right heel outwards and lift left leg up  
36 Touch both feet in place leave weight on right  
37 Kick left foot forward  
& Touch left foot in place put weight on it  
38 Touch right toe to right side  
39 Cross right foot over left  
40 Unwind a full turn to the left

#### **STAMP HOLD SHUFFLE SWEEP TURN**

- 41 Step forward on right foot and click  
42-44 Hold position (weight on left foot)  
45 Step forward on right foot  
& Step left foot in place  
46 Step forward on right foot  
47-48 Sweep left foot in front of right and make a half turn

#### **SHUFFLE SWEEP TURN,CROSS TURN KNEE DROP**

- 49 Step forward on left foot  
& Step right foot in place  
50 Step forward on left foot  
51-52 Sweep right foot in front of left and make a 3 quarter turn  
53-54 Hold position (weight on left foot)  
55 Bend down on your left knee and drop your right knee to the floor  
56 Get back to original position

**REPEAT**

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