Boulevard Shuffle



拍数: 32 墙数: 4 级数:

编舞者: Vicki E. Rader (USA)

音乐: Dancin', Shaggin' On the Boulevard - Alabama



RIGHT HEEL, CROSS-HITCH, SHUFFLE FORWARD, LEFT HEEL, CROSS-HITCH, SHUFFLE FORWARD

1-2 Touch right heel forward; lift right foot and cross below left knee

3&4 Shuffle forward right-left-right

5-6 Touch left heel forward; lift left foot and cross below right knee

7&8 Shuffle forward left-right-left

RIGHT HEEL GRIND WITH 1/4 PIVOT RIGHT, SHUFFLE BACK, STEP, TOUCH, SIDE-TOGETHER-SIDE

9&10 Step forward on right heel (with weight) and pivot ¼ right; step back on left foot

11&12 Shuffle backward right-left-right

13-14 Step left foot slightly back; touch right toe next to left foot

15&16 Side shuffle right (right-left-right)

HIP PUSH FORWARD, HIP PUSH BACK, SIDE-TOGETHER-SIDE, TWIST (SHAG) STEPS, &PREP FOR SHUFFLE

17-18	Stepping forward on left foot and bending knees slightly, push hips slowly forward to the left
17-10	otepping forward on left foot and bending knees slightly, pash hips slowly forward to the left

19-20 Push hips slowly back and to the right (2 counts), shifting weight to right foot

21&22 Side shuffle left (left-right-left)

&23 On ball of left foot, twist left heel to left and step in place on ball of right foot with toe pointing

outward (to the right)

&24 On ball of right foot, twist right heel to the right and step in place on ball of left foot with toe

pointing outward (to the left)

& Twist left heel to center

SHUFFLE FORWARD, STEP-PIVOT ½, SHUFFLE FORWARD, STEP-PIVOT ½

25&26 Shuffle forward (right-left-right)

27-28 Step forward on left foot; pivot ½ to the right

29&30 Shuffle forward (left-right-left)

31-32 Step forward on right foot; pivot ½ to the left

REPEAT