

Bottom Of My Heart

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Kate Martin (UK)
音乐: Bottom Of My Heart - Ethan Allen



SCUFF, QUARTER TURN LEFT

1-2 Scuff left foot forward across right, then sweep it out to the left, turning a ¼ turn left

HEEL JACK

3&4 Touch right toe to left heel, step back on right foot. Touch left heel forward

BEND AND DIP

5-6 Bend knees, dipping body down and up

KICK AND POINT, QUARTER TURN RIGHT

7&8 Kick left foot forward, then replace. Point right toe out to right side, turning ¼ turn right

BEND AND DIP

9-10 Bend knees, dipping body down and up

KICK AND POINT, QUARTER TURN LEFT

11&12 Kick right foot forward, then replace. Point left toe out to left side, turning ¼ turn left

KNEE BENDS

13-14 Bend left knee across right, then back

COASTER STEP

15&16 Coaster step, starting with the left foot

STRUTS

17-20 Strut forward right, hold, left, hold

POINT AND POINT

21&22& Point right toe out to right side, replace, point left toe out to left side, replace

POINT AND POINT

23&24 Point right heel forward, replace, point left toe back

STEP AND KICK

&25 Step back onto left foot and kick right foot forward

AND KICK

&26 Replace right foot and kick left foot forward

CROSS AND POINT

&27 Step left foot across right and point right toe back

AND HEEL

&28 Replace right foot and place left heel forward

AND HEEL

&29 Replace left foot and place right heel forward

PIVOT HALF TURN, HOLD, HIP BUMPS

30-32 Pivot $\frac{1}{2}$ a turn over the left shoulder, hold (keeping weight on the right foot). Bump left hip forward twice

REPEAT

TAG

After the 3rd and 6th walls, repeat counts 25-32 before beginning again
