

The Boss Man

拍数: 24 墙数: 4 级数: Intermediate
编舞者: Steve Hart (USA)
音乐: Loosen Up My Strings - Clint Black



SIDE SHUFFLES, ROCK STEPS

1&2 Right shuffle traveling to right side (right, left, right)
3-4 Step left foot behind right, rock forward onto right foot
5&6 Left shuffle traveling to left side (left, right, left)
7-8 Step right foot behind left, rock forward onto left foot

TURNING SHUFFLES, ROCK STEPS

1&2 Right shuffle forward making half turn left (right, left, right)
3-4 Step left foot back, rock forward on right foot
5&6 Left shuffle forward making half turn right (left, right, left)
7-8 Step right foot back, rock forward on left foot

TOE STRUTS FORWARD

1-2 Step right toe forward, drop right heel to floor
3-4 Step left toe forward, drop left heel to floor
5-6 Step right toe forward, drop right heel to floor
7-8 Step left toe forward, drop left heel to floor

REPEAT

TAG A

At the end of walls 1 and 3

SLOW HIP ROLL, HIP BUMPS

1-4 Roll hips slowly right-forward-left-back
5-8 Bump hips left 4 times

TAG B

At the end of walls 5 through 8

OUT-OUT, CLAP, IN-IN, CLAP, STEP, QUARTER, TRIPLE STOMP

&1 Step right foot slightly to right, step left foot slightly to left
2 Clap
&3 Step right foot slightly to left, step left foot together
4 Clap
5-6 Step right foot forward, pivot quarter turn left
7&8 Stomp right foot, stomp left foot, stomp-up right foot

TAG C

At the end of wall 4

SLOW HIP ROLL

1-4 Roll hips slowly right-forward-back-left

TAG D

After Tag B at the end of wall 5

ELVIS KNEES

These are very difficult to count.

The pulses in the music make the timing obvious.

1 Bump left knee in (in front of right)

2-3 Hold for 2 counts
& Straighten left knee-bump right knee in
4 Hold
& Straighten right knee-bump left knee in
5-7 Hold for 3 counts
& Straighten left knee-bump right knee in
8 Straighten right knee-bump left knee in

ELVIS KNEES, HIP ROLL, HIP BUMPS

1-2 Hold for 2 counts
& Straighten left knee-bump right knee in
3-4 Hold for 2 counts
5-6 Roll hips left-forward-right-back
7-8 Bump hips left twice
