

Born To Fly

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Rachael McEnaney (USA)
音乐: Born to Fly - Sara Evans



CROSS WALKS BACK, LEFT LOCK STEP, RIGHT COASTER STEP, LEFT SHUFFLE

1-2 Step left foot back slightly behind right, step right foot back slightly behind left
3&4 Step back on left, lock right over left, step back on left
5&6 Step back on right, step left next to right, step forward on right
7&8 Step forward on left, step right next to left, step forward on left

RONDE RIGHT MAKING ¼ TURN LEFT, LEFT & RIGHT ROCK AND CROSS, LEFT CHASSE

9 Sweep right foot round to the front while making a ¼ turn left on ball of left foot
10 Cross right over left
11&12 Rock left foot out to left, replace weight onto right, cross left over right
13&14 Rock right out to right, replace weight onto left, cross right over left
15&16 Step left foot to left side, step right next to left, step left foot to left

RIGHT SAILOR WITH ¼ TURN, LEFT KICK-BALL STEP, ROCK STEP, LEFT SHUFFLE BACK

17&18 Step right foot behind left, step left foot to left side starting ¼ turn right, step right to right finishing ¼ turn
19&20 Kick left foot forward, replace weight onto ball of left, step forward on right
21-22 Rock forward on left, replace weight onto right
23&24 Step back on left, step right next to left, step back on left

RIGHT COASTER STEP, LEFT KICK-BALL STEP, STEP ½ PIVOT, STEP TOGETHER WITH ¼ TURN

25&26 Step back on right, step left next to right, step forward on right
27&28 Kick left foot forward, replace weight onto ball of left, step forward on right
29-30 Step forward on left, pivot ½ turn to the right
31-32 Make ¼ turn right as you step left foot to the left, step right foot next to left

REPEAT
