

Born To Cha Cha

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver cha cha
编舞者: Kayla Cosgrove (USA)
音乐: It Just Comes Natural - George Strait



RIGHT SHUFFLE FORWARD, SIDE STEP LEFT, BACK ROCK RIGHT, CROSS SHUFFLE, ¼ RIGHT, ½ TURN, RIGHT COASTER STEP

8&1 Shuffle forward stepping right, left, right
2-3 Step left foot out to left side, back rock the right behind left
4&5 Cross left foot over right, quickly step on right, cross left foot over right with weight
6-7 Step right foot to right while making a ¼ turn right (should be facing 3:00), make a half turn over the right shoulder, stepping back on left (should be facing 9:00, weight on left foot)

COASTER STEP, FULL TURN, OUT & CROSS, PRESS, RECOVER

8&1 Step right foot back, quickly bring left foot together with right, step right foot forward
2-3 Make a half turnover right shoulder stepping back on left, make another half turn over the right shoulder stepping forward on the right (make a full turn stepping left right over the right shoulder)
4&5 Step left foot out to the left side, step right foot next to left, cross left over right
6-7 Press ball of right foot out to right side, recover weight on left

Option: instead of the full turn, you can walk forward left right on counts 2-3

SYNCOPATED VINE MAKING A ¼ TURN LEFT, FORWARD ROCK RECOVER, LOCK STEP BACK, BACK ROCK, RECOVER

8&1 Step right foot behind left, quickly step on left foot, making a ¼ turn left, step forward on the right foot
2-3 Rock forward on the left foot, recover back onto the right foot
4&5 Step left foot back, lock right foot in front of left, step back on left foot
6-7 Rock back on right foot, recover weight forward on left

TRIPLE IN PLACE, CROSS ROCK, TRIPLE IN PLACE, BACK ROCK MAKING A ¼ TURN RIGHT

8&1 Triple in place stepping, right, left, right
2-3 Cross rock left foot over right foot, recover weight onto right foot
4&5 Triple in place stepping, left, right, left
6-7 Back rock onto right foot, recover weight onto left foot while making a ¼ right

REPEAT
