

# Born Free

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Tracy Dean (UK)  
音乐: California Dreamin' - The Mamas & The Papas



## SIDE ROCK CROSS SHUFFLE, ROCK. ROCK, ½ TURN SHUFFLE

1-2            Step left to left side, rock weight onto left, rock weight onto right  
3&4           Cross left over right, step right to right side, cross left over right  
5-6           Step forward on right, rock weight onto right, rock weight back onto left  
7&8           ½ turn right shuffle. (leading right left right)

## ROCK, ROCK, ¾ TURN, ½ TURN, STEP. POINT

9-10           Rock forward on left, rock weight back onto right  
11&12        ¾ turn shuffle over left shoulder, leading left, right, left  
13&14        ½ turn shuffle over left shoulder, leading right, left, right  
15-16        Step back on left, point right toe to right side

## WEAVE LEFT, POINT, WEAVE RIGHT POINT

17-20        Step right behind left, step left to left side, step right across left, point left toe to left side  
21-24        Step left behind right, step right to right side, step left across right, point right toe to right side

## ROCK, ROCK, ½ TURN SHUFFLE, LEFT JAZZ-BOX

25-26        Step forward on right, rock weight onto right, rock weight back onto left  
27&28        ½ turn, shuffle, over right shoulder, leading right, left, right  
29-32        Step left across right, step back on right step left next to right, step right forward

## ROCK, ROCK, ½ TURN SHUFFLE TWICE

33-34        Rock forward on left, rock weight back onto right  
35&36        ½ turn shuffle over left shoulder, leading, left, right, left  
37-38        Rock forward on right, rock weight back onto left  
39&40        ½ turn shuffle over right shoulder, leading, right, left, right

## ROCK, ROCK, ¾ TURN

41-42        Rock forward on left, rock weight back onto right  
43&44        ¾ turn shuffle over left shoulder leading, left, right, left

## FULL TURN LEFT, ½ TURN SHUFFLE

45-46        Stepping forward on right, spin ½ turn left, step back on left, spin ½ turn left (option walk forward right, left.)  
47&48        ½ turn shuffle over left shoulder, leading right. Left, right

## ROCK, ROCK, LEFT SHUFFLE, ROCK, ROCK, ½ TURN SHUFFLE

49-50        Rock back on left, rock forward onto right  
51&52        Left shuffle forward (step forward on left, step right next to left, step forward onto left)  
53-54        Step right forward, rock weight onto right, rock weight back onto left  
55&56        ½ turn shuffle over right shoulder leading, right, left, right

## FULL TURN RIGHT, SHUFFLE, ½ STEP PIVOT, RIGHT SHUFFLE

57-58        Stepping forward on left, spin ½ turn right, step back on right, spin ½ turn right (option walk forward left, right)  
59&60        Left shuffle forward, (step forward on left, step right next to left, step forward on left)  
61-62        Step forward onto right, pivot ½ turn left (weight on left)

63&64

Right shuffle forward (step forward on right, step left next to right step forward on right)

**REPEAT**

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