

# Bop To Be

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Allan Burr (AUS)  
音乐: Bop to Be - Billy Swan



## TWIST, TWIST, BACK, HOOK, FORWARD, LOCK, FORWARD, HOLD

- 1-2      Twist both heels right, twist both heels to center taking weight on left
- 3-4      Step right back, hook left heel across right shin
- 5-6      Step left forward, lock right behind left
- 7-8      Step left forward, hold

## HEEL, HOOK, FORWARD, TOGETHER, FORWARD, BOUNCE ¼ LEFT

- 1-2      Touch right heel forward, hook right heel across left shin
- 3-4-5      Step right forward, step left together, step right forward
- 6-7-8      Turning ¼ left bounce both heels for 3 beats ending with weight on right (9:00)

## VINE ¼ LEFT WITH HITCH, VINE BACK WITH ¼ HITCH

- 1-4      Step left to left side, step right behind left, turn ¼ left step left forward, hitch right knee (6:00)
- 5-8      Step right back, step left together, step right back, turn ¼ left on right foot hitching left knee (3:00)

## SIDE, ROCK, BEHIND, SIDE, ROCK, BEHIND, SIDE, HOLD

- 1-2      Step left to left side, rock onto right
- 3-4      Step left behind right, step right to right side
- 5-6      Rock onto left, step right behind left
- 7-8      Step left to left side, hold

## MODIFIED MONTEREY: TOUCH SIDE, HITCH ACROSS, TOUCH SIDE, ½ TURN, TOUCH SIDE, HITCH FORWARD, BACK, ROCK

- 1-2      Touch right toe to right side, hitch right knee across left
- 3-4      Touch right toe to right side, turn ½ right stepping right together (9:00)
- 5-6      Touch left toe to left side, hitch left knee forward
- 7-8      Step left back, rock forward onto right

## FORWARD, FORWARD, BOUNCE, BACK, ROCK, TOGETHER, BOUNCE, BOUNCE

- 1-2      Step left slightly forward, step right slightly forward weight is now on both feet
- 3      Bounce both heels once
- 4-5-6      Step right back, rock forward onto left, step right together
- 7-8      Bounce both heels twice (9:00)

**REPEAT**

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