

Bop Bop

拍数: 64 墙数: 4 级数: Improver
编舞者: The Kid (UK) & Kaz (UK)
音乐: Bop Bop Baby - Westlife



ROCK LEFT, CROSS SHUFFLE, ROCK RIGHT, CROSS SHUFFLE

1-2 Rock left to left side, recover onto right
3&4 Cross left over right, step right to right, cross left over right
5-6 Rock right to right side, recover onto left
7&8 Cross right over left, step left to left, cross left over right

ROCK LEFT, LEFT SAILOR CROSS, ROCK RIGHT, RIGHT COASTER STEP

9-10 Rock left to left side, recover to right
11&12 Step left behind right, step right to right, cross left over right
13-14 Rock right to right side, recover onto left
15&16 Step back on right, step left beside right, step right forward

STEP PIVOT, LEFT SHUFFLE, RIGHT SHUFFLE, STEP PIVOT

17-18 Step forward left, pivot ½ turn right
19&20 Step forward left, step right beside left, step forward left
21&22 Step forward right, step left beside right, step forward right
23-24 Step forward left, pivot ½ turn right

ROCK LEFT, CROSS ROCK, RIGHT & CROSS

25&26 Rock left to left, recover onto right, cross left over right
27&28 Rock right to right, recover onto left, cross right over left

STEP LEFT TURNING ¼ TURN RIGHT, STEP BACK ON RIGHT, LEFT COASTER

29-30 Step left to left, turn a ¼ turn right and step back on right
31&32 Step back on left, step right beside left, step forward on left

ROCK FORWARD RIGHT BACK SHUFFLE, BACK SHUFFLE ½ TURN TOUCH

33-34 Rock forward right, recover back onto left
35&36 Step back on right, step left beside right, step back on right
37&38 Step back on left, step right beside left, step back on right
39-40 Turn a ½ turn right on ball of left, touch right beside left

STEP RIGHT, TOUCH LEFT, STEP LEFT, STEP RIGHT, LEFT SIDE SHUFFLE, ¼ TURN, ROCK FORWARD

41-42 Step right to side, touch left beside right
43-44 Step left to side, step right beside left
45&46 Step left to left, step right beside left, step left to left turning ¼ turn left
47-48 Rock forward on right, recover onto left

SHUFFLE TURN STEP PIVOT, LEFT SHUFFLE ¼ TURN LEFT

49&50 Turn ½ turn right on right, left, right
51-52 Step forward left, pivot ½ turn right
53&54 Step forward left, step right beside left, step forward left
55-56 Step forward right, pivot ¼ turn left (putting weight on left)

MAMBO RIGHT, MAMBO LEFT, TOUCH, KICK, RIGHT COASTER

57&58 Rock right to side, recover onto left, step right beside left

59&60 Rock left to side, recover onto right, step left beside right
61-62 Touch right beside left, kick right forward
63&64 Step right back, step left beside right, step forward right

REPEAT
