

Bop

拍数: 32 墙数: 4 级数: Improver
编舞者: Oli Geir (ICE)
音乐: Bop - Dan Seals



CHASSE RIGHT, STEP, ROCK, CHASSE LEFT, STEP BACK AND TURN ¼ TO LEFT

1&2 Step right to side, step left beside right, step right to side
3-4 Step forward on left, rock back in right
5&6 Step left to side, step right beside left, step left to side
7-8 Step back on right and turn ¼ to left, rock forward in left

CHASSE FORWARD, HEEL TOUCHES, HOLD AND CLAP HANDS

1&2 Step forward on right, step left behind right, step forward on right
3-4 Step forward on left and pivot ½ turn to right, rock forward in left
5& Touch left heel forward, step left beside right
6& Touch right heel forward, step right beside left
7-8 Touch left heel forward, hold and clap hands

CHASSE FORWARD, TOE AND HEEL TOUCHES, JAZZ BOX ¼ TURN RIGHT

1&2 Step forward on left, step right behind left, step forward on left
3-4 Touch right toe beside left, touch right heel to side, (twist body left and right)
5-6 Step right forward across left, step back on left
7-8 Step right to side and turn ¼ to right, step left beside right

HEEL TOUCHES, HOLD AND CLAP, JAZZ BOX ¼ TURN RIGHT,

1& Touch right heel forward, step right beside left
2& Touch left heel forward, step left beside right
3-4 Touch right heel forward, hold and clap hands
5-6 Step right forward across left, step back on left
7-8 Step right to side and turn ¼ to right, step left beside right

REPEAT
