

Bootscootin' Junkie

COPPER KNOB
STEPPERS

拍数: 36 墙数: 2 级数: Intermediate/Advanced
编舞者: Lesley Johnston (AUS)
音乐: Cajun Blue - Southern Exposure



- 1-4 Step right behind left, step left to left side, step right over left, touch left beside right instep
5-8 Left heel 45 degrees, tap left toe across right, left heel 45 degrees & together (keeping weight on right)
- 1-4 Step left behind right, step right to right side, step left over right, touch right beside left instep (keeping weight on left)
5-8 Right heel 45 degrees, tap right toe across left, right heel 45 degrees & then touch right beside left instep
- 1&2 Right kick ball change
3-4 Step forward on right, ¼ turn left & step on left (roll hips right-left as you step right-left)
5-8 Repeat last 4 counts
- 1-4 Step right across left & point left to left side, step left over right, point right to right side
5-6 Step right across left (wide step) unwind turning ½ turn left (feet apart)
Option: lower head & swipe hat with right hand as you turn
&7 Jump right-left together
Option: hands back in place, raise head
&8 Step right back & left heel forward 45 degrees
Option: lower head & tip hat with left hand as left heel goes forward at 45 degrees
- &1-2 Bring left together & cross right over left, unwind ½ turn left
Option: lower head & swipe hat with right hand as you turn
&3 Jump right-left together
Option: hands back in place, raise head
&4 Step left back & right heel forward 45 degrees
Option: lower head & tip hat with right hand as right heel goes forward at 45 degrees, raise head & place hands back in original position to start pattern from beginning

REPEAT

For those wishing a long workout "Bootscootin; Junkie" come in after 12 counts or those less energetic come in after 48 counts.