

Bootscooting

拍数: 32 墙数: 4 级数: Improver
编舞者: Unknown
音乐: Take These Chains from My Heart - Lee Roy Parnell



STEP, PIVOT, STEP, PIVOT, LEFT VINE

1-4 Step left forward, pivot $\frac{1}{2}$ turn right, step left forward, pivot $\frac{1}{2}$ turn right
5-8 Left to left, right behind left, left to left, touch right

STEP, PIVOT, STEP, PIVOT, RIGHT VINE

1-4 Step right forward, pivot $\frac{1}{2}$ turn left, step right forward, pivot $\frac{1}{2}$ turn left
5-8 Right to right, left behind right, right to right, touch left

TOUCH SIDE, TOUCH FRONT, STEP FORWARD, LOCK STEP

1-4 Touch left toe to left, touch left toe in front of right, step left forward, lock step right behind left
5-8 Repeat 1-4

LIFT BOTH HEELS $\frac{1}{2}$ TURN & BOUNCE HEEL

1-2 Lift both heels (foot still apart) $\frac{1}{2}$ turn right & bounce heels twice
3-4 Lift both heels, $\frac{1}{2}$ turn left & bounce heels twice

STEP, SCUFF, $\frac{1}{4}$ TURN LEFT, HOLD

5-6 Step left forward, scuff right
7-8 Cross right over left, making $\frac{1}{4}$ turn left, hold

REPEAT
