

Boots

拍数: 48 墙数: 2 级数: Beginner straight rhythm
编舞者: Tina Riley (USA)
音乐: These Boots Are Made for Walkin' - Nancy Sinatra



RIGHT, LEFT, RIGHT, HOLD, LEFT, RIGHT, LEFT, HOLD

- 1-2 Step forward right, step forward left
- 3-4 Step forward right, hold
- 5-6 Step forward left, step forward right
- 7-8 Step forward left, hold (weight ends left)

RIGHT LEG SLOW DRAG INTO ¼ TURN, TOE STEP, TOE STEP

- 1-4 Right leg swings & slowly drags into a ¼ turn left (this is done in 4 counts, weight ends equally, facing 9:00 wall)
- 5-6 Step forward onto right toe, step down onto right heel
- 7-8 Step forward onto left toe, step down onto left heel (weight ends equally)

SWIVEL BOTH HEELS RIGHT, CENTER, LEFT, CENTER, POINT TOGETHER, POINT TOGETHER

- 1-2 Swivel both heels right, then back to center
- 3-4 Swivel both heels left, then back to center (weight needs to end on left)
- 5-6 Point right to the side, step back into place
- 7-8 Point left to the side, step back into place (weight ends left)

GRAPEVINE RIGHT, GRAPEVINE LEFT WITH ¼ TURN LEFT

- 1-2 Step to the side with right, left cross behind right
- 3-4 Step side right, touch left next right
- 5-6 Step to the side with left, right cross behind left
- 7-8 ¼ turn left stepping with left, right brush next to left (weight ends left, facing 6:00)

ROCK FORWARD, ROCK BACK 2 ½ PIVOT TURNS

- 1-2 Rock forward onto right, rock back onto left
- 3-4 Rock back onto right, rock forward onto left (weight ends on left)
- 5-6 Step forward onto right, pivot ½ turn left (end facing 12:00)
- 7-8 Step forward right, pivot ½ turn left (weight ends on left, facing 6:00)

ROCK FORWARD, ROCK BACK 2 ½ PIVOT TURNS

- 1-2 Rock forward onto right, rock back onto left
- 3-4 Rock back onto right, rock forward onto left (weight ends on left)
- 5-6 Step forward onto right, pivot ½ turn left (end facing 12:00)
- 7-8 Step forward right, pivot ½ turn left (weight ends on left, facing 6:00)

REPEAT
