

拍数: 48 编数: 2 级数: Beginner straight rhythm

编舞者: Tina Riley (USA)

音乐: These Boots Are Made for Walkin' - Nancy Sinatra



RIGHT, LEFT, RIGHT, HOLD, LEFT, RIGHT, LEFT, HOLD

1-2	Step forward right,	step forward left

3-4 Step forward right, hold

5-6 Step forward left, step forward right7-8 Step forward left, hold (weight ends left)

RIGHT LEG SLOW DRAG INTO 1/4 TURN, TOE STEP, TOE STEP

1-4 Right leg swings & slowly drags into a ¼ turn left (this is done in 4 counts, weight ends

equally, facing 9:00 wall)

5-6 Step forward onto right toe, step down onto right heel

7-8 Step forward onto left toe, step down onto left heel (weight ends equally)

SWIVEL BOTH HEELS RIGHT, CENTER, LEFT, CENTER, POINT TOGETHER, POINT TOGETHER

1-2 Swivel both heels right, then back to center

3-4 Swivel both heels left, then back to center (weight needs to end on left)

5-6 Point right to the side, step back into place

7-8 Point left to the side, step back into place (weight ends left)

GRAPEVINE RIGHT, GRAPEVINE LEFT WITH 1/4 TURN LEFT

1-2	Step to th	e side with	right left	cross be	hind right
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3-4 Step side right, touch left next right

5-6 Step to the side with left, right cross behind left

7-8 1/2 turn left stepping with left, right brush next to left (weight ends left, facing 6:00)

ROCK FORWARD, ROCK BACK 2 1/2 PIVOT TURNS

1-2	Rock forward	onto right	rock back onto left	
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Rock back onto right, rock forward onto left (weight ends on left)

Step forward onto right, pivot ½ turn left (end facing 12:00)

7-8 Step forward right, pivot ½ turn left (weight ends on left, facing 6:00)

ROCK FORWARD, ROCK BACK 2 1/2 PIVOT TURNS

1-2	Rock forward onto righ	nt, rock back onto left
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Rock back onto right, rock forward onto left (weight ends on left)

Step forward onto right, pivot ½ turn left (end facing 12:00)

7-8 Step forward right, pivot ½ turn left (weight ends on left, facing 6:00)

REPEAT