

Boom Boom Boom

COPPER KNOB
BY SHEETS

拍数: 64 墙数: 2 级数: Intermediate/Advanced
编舞者: Annette Latimer (UK)
音乐: Boom Boom Boom - Rare Blend



STEP LOCK UNWIND FULL RIGHT, RIGHT SHUFFLE, ROCK, SHUFFLE ¾ TURN LEFT

1-3 Left step forward, lock right behind left, unwind full turn over right shoulder (weight ends on left)

Easy alternative

1-3 Left step forward, touch right beside left, kick left foot forward.

4&5 Right step forward, left step beside right, right step forward

6-7 Rock forward onto left foot, rock back onto right foot

8&1 Left step ½ turn left, right step beside left, left step ¼ turn left completing ¾ turn left

SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, BEHIND ¼ TURN RIGHT

2-3 Rock to right side on right foot, rock onto left foot

4&5 Right step behind left, left step to left side, right step across left

6-7 Rock to left side on left foot, rock onto right foot

8&1 Left step behind right, right step to right side making ¼ turn right, left step forward

CROSS CHA-CHA STEPS RIGHT & LEFT, ½ PIVOT LEFT, RIGHT SHUFFLE

2&3 Right step forward and across left, left step in place beside right, right step in place beside left

Angle body left on the cross step, then angle body right as you cha-cha in place

4&5 Left step forward and across right, right step in place beside right, left step in place beside right

Angle body right on the cross step, then angle body left as you cha-cha in place

6-7 Step forward on right foot, pivot ½ turn left

8&1 Right step forward, left step beside right, right step forward

SKATE STEPS LEFT & RIGHT, LEFT SHUFFLE, SKATE RIGHT & LEFT, RIGHT SHUFFLE

2-3 Left step diagonally to left side (body angle left), right step diagonally to right side (body angle right)

4&5 Left step diagonally to left side, right step beside left, left step diagonally to left side

6-7 Right step diagonally to right side (body angle right), left step diagonally to left side (body angle left)

8&1 Right step to right side, left step beside right, right step to right side

LEFT ROCK, LEFT SHUFFLE, RIGHT CROSS UNWIND ¾ TURN RIGHT, RIGHT SHUFFLE

2-3 Left rock across right, rock back onto right foot

4&5 Left step to left side, right step beside left, left step to left side

6-7 Cross right foot behind left, unwind ¾ turn over right shoulder, weight ends on left foot

8&1 Right step forward, left step beside right, right step forward

LEFT ROCK, LEFT SHUFFLE, RIGHT CROSS UNWIND ½, LEFT SIDE, TOUCH

2-3 Left rock forward, rock back onto right foot

4&5 Left step back, right step beside left, left step back

6-7 On ball of left make ½ turn over right shoulder, stepping right forward, step left forward making ¼ turn right

8 Touch right beside left

SKATE STEPS RIGHT & LEFT, RIGHT SHUFFLE, SKATE LEFT & RIGHT, LEFT SHUFFLE

- 1-2 Right step diagonally forward (body angle right), step left diagonally left (body angle left)
3&4 Right step diagonally forward, step left beside right, step right diagonally forward
5-6 Left step diagonally forward (body angle left), step right diagonally forward (body angle right)
7&8 Left step to left side, right step beside left, left step to left side

RIGHT ROCK, RIGHT SHUFFLE, LEFT CROSS UNWIND FULL TURN LEFT

- 1-2 Cross rock right over left, rock back onto left
3&4 Right step to right side, left step beside right, right step to right side
5-6 Left foot cross behind right, unwind a full turn over left shoulder, weight ends on left foot
7-8 Right step to right side, left touch beside right

REPEAT

TAG

To be danced at the end of the first wall only

- 1-2 Left step to left side, touch right beside left
3-4 Right step to right side, left touch beside right
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