

Booker T

拍数: 48 墙数: 0 级数:
编舞者: William Sevone (UK)
音乐: Green Onions - Booker T. & The M.G.'s



2X SIDE TOUCH-HOLD-CENTER-HOLD

1-2 Touch right toe to right side, hold
3-4 Step right foot next to left, hold
5-6 Touch left toe to left side, hold
7-8 Step left foot next to right, hold

2X TOE IN-TOE OUT-SHUFFLE BACKWARD,

9-10 (Toe in) diagonally touch right toe to left instep, (toe out) diagonally touch right heel to left instep
11&12 Step backward onto right foot, close left foot next to right, step backward onto right foot
13-14 (Toe in) diagonally touch left toe to right instep, (toe out) diagonally touch left heel to right instep
15&16 Step backward onto left foot, close right foot next to left, step backward onto left foot

FORWARD TOE/HEEL STRUT, FORWARD FULL TURN TOE/HEEL STRUTS

17-18 Step forward onto right toe, drop right heel to floor
19-20 Turn ¼ right & step left toe to left side, drop left heel to floor
21-22 Turn ½ right & step right toe to right side, drop right heel to floor
23-24 Turn ¼ right & step forward onto left toe, drop left heel to floor

FORWARD CROSS STEP, CROSS TAP, STEP BACKWARD, ½ RIGHT FORWARD STEP, CHASSE LEFT, ¼ RIGHT ROCK BACKWARD, ROCK FORWARD

25 Cross step right foot forward over left while bending knee
26 Cross tap left foot behind and across right leg
Style note: counts 25-26 are done with plenty of gusto/attitude - action similar to a curtsy
27-28 Step backward onto left foot, turn ½ right & step forward onto right foot
29&30 Step left foot to left side, step right foot next to left, step left foot to left side
31-32 Turn ¼ right & rock backward onto right foot, rock onto left foot

2X STEP, FORWARD-LOCK STEP

33 Step forward onto right foot
34-35 Lock left foot behind right heel, step forward onto right foot
36 Step forward onto left foot
37-38 Lock right foot behind left heel, step forward onto left foot

SCUFFS & TAPS, PIVOT ½ RIGHT, DIAGONAL STEP-LOCK STEP

39-40 Brush right foot forward, brush right foot backward across left
41-42 Tap right toe to floor, brush right foot forward
43-44 Brush right foot backward, tap touch right toe backward to floor (weight on left foot)
45 Pivot ½ right & drop right heel to floor
46 Step left foot diagonally forward left
47-48 Lock right foot behind left heel, step left foot diagonally forward left

REPEAT

DANCE FINISH

Only when dancing to Booker T & The MG's

On the 8th wall continue dance up to and including count 26 then do the following -

1-2 Step backward onto left foot, turn $\frac{1}{4}$ right & rock step right foot to right side

3-4 Step left foot in place, step right foot next to left

5-6 Bend/pop right knee forward, touch hat brim with right hand
