

Boogie With You

COPPERKNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Boogie Shoes - KC and the Sunshine Band



KICK, STEP, TOUCH, STEP, KICK, STEP, SCUFF ¼ TURN, WEAVE, ¾ UNWIND

- 1&2& Kick right foot forward, step forward on right and touch left behind right, step back on left
3&4& Kick right foot forward, step down on right, scuff left foot forward, hitch left up while making a ¼ turn to the right (3:00)
5-6& Step left foot to the left, step right behind the left, step left to left side
7-8 Cross right in front of left, unwind ¾ turn to the left (6:00)

SKATE(TWICE), SHUFFLE SKATE (TWICE), SHUFFLE

- 1&2 Skate right foot forward diagonally to the right, skate left foot forward diagonally to left
3&4 Shuffle forward diagonally, right, left, right
5-6 Skate left forward diagonally to the left, skate right forward diagonally to the right
7&8 Shuffle forward diagonally, left, right, left

SWIVEL WALK BACKS KNEE ROCKS

Swivel walks are like doing the mashed potatoes backwards or just do any type of walk back that you're comfortable with

- &1 With weight on the balls of both feet take both heels out to side, step back on right bringing heels in
&2 With weight on balls of both feet take both heels out to the side, step back on left bringing heels in
&3&4 Repeat counts &1&2 (as you end counts &4 your right foot should be in front of left)
5-6 Rock knees to the right, then left
7&8 Rock knees right, left, right (weight ending on right)

Options to knee rocks could be hip bumps right, left, right, left, right with slightly bent knees

KICK BALL CROSS, STEP, ¾ TURN TOUCH, TOE WALK

- 1&2 Kick left forward, step left next to right, cross right over in front of left
3-4 Step left to left side, drag right in while making a ¾ turn to the left (keeping weight on left foot)
5-6 Step forward on the right toe, step down on right (doing a hip bumps to right twice)
7-8 Step forward on left toe, step down on left (doing hip bumps to left twice)

REPEAT