

Boogie Nights

COPPER KNOB
STEPSHEETS

拍数: 52 墙数: 4 级数: Intermediate
编舞者: Basem Elfaham (USA)
音乐: Machine Gun - The Commodores



ROCK RIGHT, RECOVER ¼ LEFT, SHUFFLE, ROCK LEFT, RECOVER ¼ RIGHT, SHUFFLE, ROCK RIGHT, RECOVER ¼ LEFT, SHUFFLE. STEP FORWARD, RIGHT TOUCH, STEP BACK, LEFT TOUCH

1 Right rock right thrusting arms right at waist level
2 Recover on left turning ¼ left thrusting arms left
3&4 Shuffle forward right, left, right
5 Left rock left thrusting arms left at waist level
6 Recover on right turning ¼ right thrusting arms right
7&8 Shuffle forward left, right, left
9-12 Repeat 1-4
13-14 Step left forward, right toe touch next to left
15-16 Step right back, left toe touch next to right

Face the corner

WALK FORWARD LEFT, RIGHT, SHUFFLE FORWARD

17-18 Step left forward, step right forward
19&20 Shuffle forward left, right, left

FOUR SETS OF SYNCOPATED STEPS WITH AIR-BORNE RONDE: RIGHT, LEFT, RIGHT, LEFT

21& Step right forward, left step back as you lift right foot
22& Move it in the air ½ circle right to the back, right step behind left
23& Left step left, right step right
24& Left step behind right, right step behind left
25& Step left forward, right step back as you lift left foot
26& Move it in the air ½ circle left to the back, left step behind right
27& Right step right, left step left
28& Right step behind left, left step behind right
29-36& Repeat 21-28&

Swivel some of the steps for style

DIAGONAL SHUFFLE CHASSE STEPS: RIGHT FORWARD, LEFT FORWARD, RIGHT BACK, LEFT BACK, RIGHT BACK, LEFT BACK

37&38 Shuffle the following steps going right diagonal forward: step right, left follows, right
&39&40 Left follows, right, left follows, right
41&42 Shuffle the following steps going left diagonal forward: step left, right follows, left
&43&44 Right follows, left, right follows, left
45&46 Shuffle right diagonal back: step right, left follows, right
47&48 Shuffle left diagonal back: step left, right follows, left
49-52 Repeat 45-48 shuffling diagonal back right then left

Face the corner

REPEAT

TAG

Done at the start of the second routine only:

SIDE SHUFFLE ¼ LEFT, FORWARD SHUFFLE. REPEAT TWICE, RIGHT STEP FORWARD, LEFT TOUCH, LEFT STEP BACK, RIGHT TOUCH HOME

1&2 Right step right, left follows, right pivot step ¼ left

Circle arms to the left in front of waist twice on 1&2

3&4 Left step forward with forward arms thrust at waist level, right step follows, step left forward

Facing 30 degrees

5-8 Repeat 1-4

Facing 15 degrees

9-12 Repeat 1-4

Facing 60 degrees

13-14 Step right forward, left toe touch next to right

15-16 Step left back, right toe touch next to left

Facing 60 degrees

RESTART

Drop steps 49-52 of the 4th repetition (shuffle right diagonal back, shuffle left diagonal back), then restart.
