

Boogie Man

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Beginner
编舞者: Gaye Teather (UK)
音乐: I Love to Boogie - Marc Bolan & T. Rex



FORWARD TOE STRUTS TWICE, KICK FORWARD TWICE, STEP BACK, CLOSE

1-4 Step right toe forward, lower right heel, step left toe forward, lower left heel
5-6 Kick right foot forward twice
7-8 Step back on right foot, close left beside right

FORWARD TOE STRUTS TWICE, KICK FORWARD TWICE, STEP BACK, CLOSE

9-16 Repeat steps 1-8

TOE TOUCHES SIDE RIGHT-TOGETHER, SIDE LEFT-TOGETHER, FORWARD-TOGETHER HEEL SWIVELS

17-18 Touch right toe to right side, step right beside left
19-20 Touch left toe to left side, step left beside right
21-22 Touch right toe forward, step right beside left
23-24 Twist both heels left, center

TOE STRUTS BACK X 4

25-28 Step back on right toe, lower right heel, step back on left toe, lower left heel
29-32 Repeat steps 25-28

'RUNNING' STEPS FORWARD - RIGHT, LEFT, RIGHT, HOLD, LEFT, RIGHT, LEFT, HOLD

33-36 Three small running steps forward stepping right, left, right, hold
37-40 Three small running steps forward stepping left, right, left, hold

Dip knees slightly during "running" steps

SLOW JAZZ BOX TURNING 1 / 4 RIGHT

41-44 Cross step right over left, hold, step back on left, hold
45-48 Make 1 / 4 turn right stepping right to right side, hold, step left beside right, hold

REPEAT
