

Boogie Down

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Carolyn Robinson (USA)
音乐: Rock Your Body - Justin Timberlake



RIGHT HEEL TAP TWICE, RIGHT TOE TAP TWICE

1-2 Tap right heel forward two times
3-4 Tap right toe back two times

GRAPEVINE RIGHT WITH TOUCH

5 Side step right
6 Step left toe angled behind right heel
7 Side step right
8 Touch left beside right

LEFT HEEL TAP TWICE, LEFT TOE TAP TWICE

1-2 Tap left heel forward two times
3-4 Tap left toe back two times

GRAPEVINE LEFT WITH TOUCH

5 Side step left
6 Step right toe angled behind left heel
7 Side step left
8 Touch right beside left

UP & DOWN RIGHT HIP BUMPS (REMEMBER 'GOT TO BE FUNKY?')

1 Step ball of right at forward diagonal bump right hip up
& Keeping weight on left, bend knees and prepare for low bump
2 Bump right hip low
& Rising up from bent knees keeping weight left
3 Bump right hip high
& Bend knees and prepare for low right bump
4 Bump right hip low

UP & DOWN LEFT HIP BUMPS

5 Step ball of left at forward left diagonal bump left hip up
& Keeping weight on right, bend knees & prepare for low left bump
6 Bump left hip low
& Rising up from bent knees keeping weight on right
7 Bump left hip high
& Rising up from bent knees keep weight on right
8 Bump left hip low-transferring weight to left

LEFT PADDLE TURN -½ TURN (6:00)

1 Side touch right toe 1/8 turn left
& Hitch right
2 Side touch right toe 1/8 turn left
& Hitch right
3 Side touch right toe 1/8 turn left
& Hitch right
4 Side touch right toe 1/8 turn left (should be facing back wall or 6:00 wall)

SKATE RIGHT-LEFT-RIGHT-LEFT

- 5 Skate right moving forward
- 6 Skate left moving forward
- 7 Skate right moving forward
- 8 Skate left moving forward

REPEAT
