# The Boogie Doo



拍数: 32 墙数: 0 级数:

编舞者: Norma Jean Fuller (USA)

音乐: You're the Ticket - John Michael Montgomery



Position: Side-by-side position

## TRAVELING SAILOR SHUFFLES

1	Step right foot behind left
&	Step on ball of left foot to left
2	Step right foot to right and slightly forward
3	Step left foot behind right
&	Step on ball of right foot to right
4	Step left foot left & slightly forward
5	Step right foot behind left
&	Step on ball of right foot to right

Step right foot to right and slightly forward 6

7 Step left foot behind right

Step on ball of right foot to right & Step left foot to left & slightly forward 8

# KICK HOOK KICK, HIP HIP HIP, KICK HOOK KICK, HIP HIP HIP

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1&2	Kick right foot forward & hook right foot across left, kick right foot forward
3	Step right beside left bumping hips to right
&4	Bump hips to left, bump hips to right
5&6	Kick left foot forward & hook left foot across right, kick left foot forward
7	Step left beside right bumping hips to left
&8	Bump hips to right, bump hips to left

### SHUFFLE FORWARD TURNING FULL TURN TO THE RIGHT WITH SHUFFLES

1	Step forward on right, turning 1/4 turn right	
&	Step left next to right	
2	Step forward on right	
3	Step forward on left, turning ¼ turn right (releasing left hands)	
&	Step right foot next to left	
4	Step forward on left	
5	Step forward on right, turning ¼ turn right	
Man turning under ladies right arm		

&	Step left foot next to right
6	Step forward on right

7 Step forward on left, turning 1/4 turn right

& Step left foot next to right

Step forward on left (you're now facing flod)

Rejoin left hands into side-by-side position

# MODIFIED JAZZ BOX WITH 1/4 TURN RIGHT, HEEL SWIVELS

1	Step right foot across in front of left
2	Step back on left
3	Step right to right, turning 1/4 turn to right
4	Stomp left next to right (facing outside LOD)
5	With weight on halls of both feet, swivel heels to righ

& Swivel to left
Swivel to right
Touch left toe to left side
& Step left foot next to right in a ¼ turn left (facing LOD)
Touch right toe out to right side

# **REPEAT**