Boogie Beat



拍数: 48 墙数: 2 级数: Intermediate

编舞者: Ali & Den

音乐: Boogie Woogie Bugle Boy - Company B



TOE STRUTS, TOE CROSS TOUCHES (TWICE)

| 1-2 | Step right toe forward, drop right heel to floor taking weight |
|-----|---|
| 3-4 | Step left toe forward, drop left heel to floor taking weigh |
| 5-6 | Touch right toe across left foot, touch right toe to right side |
| 7-8 | Touch right toe across left foot, touch right toe to right side |

TOE STRUTS, TOE CROSS TOUCHES (TWICE)

| 9-10 | Step right toe forward, drop right heel to floor taking weight |
|-------|---|
| 11-12 | Step left toe forward, drop left heel to floor taking weigh |
| 13-14 | Touch right toe across left foot, touch right toe to right side |
| 15-16 | Touch right toe across left foot, touch right toe to right side |

GRAPEVINE RIGHT, ROLLING GRAPEVINE LEFT

| 17-18 | Step right foot to right side, cross left foot behind right |
|-------|---|
| 19-20 | Step right foot to right side, touch left foot next to right |
| 21-22 | Step left foot to left side making ¼ turn left, step right to right side making ¼ turn left |
| 23-24 | Making ½ turn over left shoulder, step left to left side, step right foot next to left |

JUMP FORWARD, CLAP, JUMP BACK, CLAP

| 25&26 | Jump forward stepping right, left (keeping feet apart), clap hands |
|-------|--|
| 27&28 | Jump back stepping left, right (keeping feet apart), clap hands |
| 29-32 | Bump hips forward right, back left, forward right, back left |

FORWARD, HOLD, FORWARD, HOLD, BOOGIE WALK

| 37-38 | Step right forward diagonally, step left forward diagonally |
|---|---|
| 39-40 | Step right forward diagonally, step left forward diagonally |
| On steps 37-40, put as much attitude in as possible and use your hands! | |

MONTEREY TURN, BACK SCOOTS, ROCK STEP

| 41-42 | Touch right foot to right side, bring right next to left while turning ½ turn over right shoulder |
|-------|---|
| 43-44 | Touch left to left side, bring left next to right (weight left) |
| 45-46 | Scoot (hop) back twice on left foot raising right knee |
| 47-48 | Rock back on right, step forward on left |
| | |

REPEAT