

Bonito Y Sabroso

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Advanced cha cha
编舞者: A.T. Kinson (USA)
音乐: Bonito y Sabroso - Grupo Niche



SIDE, TAP, ¼ LEFT, ¼ RIGHT STEP LUNGE, ¾ TURN RIGHT, SYNCOPATED BREAK

- 1 Step right foot to the right
- 2 Tap left foot next to right foot (right hand out to the right palm open facing forward, left palm on chest), ¼ turn to the left (face 9:00)
- 3 Step left foot forward
- 4 Step right foot forward, ¼ turn to the right (face 12:00)
- & Step left foot to the left
- 5 Extend right foot across behind left leg, lowering on left leg (right arm extended forward, index pointing)
- 6 Start ¾ turn to the right on left foot
- 7 Finish ¾ turn to the right, right foot pointing forward (face 9:00)
- 8 Break back on right foot (3:00)
- & Recover onto left foot
- 1 Break back on right foot

SYNCOPATED BREAK, SYNCOPATED BREAK, STEP BACK ¼ RIGHT, KNEE LIFT, STEP BEHIND, SIDE BREAK, BEHIND

- 2 Break back on left foot
- & Break forward on right foot
- 3 Break back on left foot
- 4 Break back on right foot
- & Break forward on left foot
- 5 Break back on right foot
- 6 Step left foot back, ¼ turn to the right lifting right knee (face 12:00)
- 7 Cross right foot behind left foot
- 8 Break left foot to the left
- & Recover onto right foot
- 1 Step left foot behind right foot

SIDE BREAK, BEHIND, CHASSE WITH SYNCOPATED HIPS, SYNCOPATED BREAK FORWARD

- 2 Break right foot to the right
- & Recover onto left foot
- 3 Step right foot behind left foot
- & Start stepping left foot to the left, pushing hips back
- 4 Step left foot to the left, pushing hips forward
- & Push hips back
- 5 Step right foot next to left foot, pushing hips forward
- & Start stepping left foot to the left, pushing hips back
- 6 Step left foot to the left, pushing hips forward
- & Push hips back
- 7 Step right foot next to left foot, pushing hips forward
- 8 Break left foot forward
- & Recover onto right foot
- 1 Take large step back with left foot

BREAK BACK, PIVOT RIGHT, STEP SIDE, EXTEND, CHASSE

- 2 Break back onto right foot
- 3 Recover onto left foot
- 4 Step right foot forward, $\frac{1}{2}$ turn to the right
- & Step left foot back, $\frac{1}{4}$ turn to the right
- 5 Step right foot to the right (face 9:00)
- 6 Transfer weight on left foot
- 7 Extend left hip out to left side
- 8 Step right foot in place
- & Step left foot next to right foot

REPEAT
